



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

**WYOMING COUNTY YMCA
PERRY SUMMER REC**

2019 PARTICIPANT FORMS



WYOMING COUNTY YMCA

115 LINWOOD AVENUE

WARSAW, NY 14569

585-786-2880

www.glowymca.org

WYOMING COUNTY YMCA PERRY REC

PROGRAM PARTICIPANT PROFILE – SUMMER 2019

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
JULY 1 TO JULY 3	JULY 8 TO JULY 12	JULY 15 TO JULY 19	JULY 22 TO JULY 26	JULY 29 TO AUGUST 2	AUGUST 5 TO AUGUST 9	AUGUST 12 TO AUGUST 16	AUGUST 19 TO AUGUST 23

PRICING: WEEK 1 - \$72 WEEK 2-7 - \$80 VILLAGE \$ 90 TOWN WEEK 8 - \$120
\$120 PER WEEK NON PERRY RESIDENTS

CHILD AND FAMILY INFORMATION

Child's Name:		Date of Birth:	Age:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	School/Grade in Fall 2019:
Child's Nickname:		Child lives with:			
Parent's Name:	Home Phone:	Date of Birth:	Relationship:	<input type="checkbox"/> Emergency Contact <input type="checkbox"/> Pick Up Authorization	
	Cell Phone:				
Parent's Name:	Home Phone:	Date of Birth:	Relationship:	<input type="checkbox"/> Emergency Contact <input type="checkbox"/> Pick Up Authorization	
	Cell Phone:				
Emergency Contact Name:	Home Phone:	Date of Birth:	Relationship:	<input type="checkbox"/> Emergency Contact <input type="checkbox"/> Pick Up Authorization	
	Cell Phone:				
Emergency Contact Name:	Home Phone:	Date of Birth:	Relationship:	<input type="checkbox"/> Emergency Contact <input type="checkbox"/> Pick Up Authorization	
	Cell Phone:				

PARENT/GUARDIAN AGREEMENT

- ✓ In the event of an emergency, the YMCA will make every effort to contact me. If I cannot be reached, the YMCA is authorized to act for me according to their best judgment in an emergency requiring medical care or surgery. The physician selected may hospitalize, secure proper treatment for, order injection, anesthesia or surgery for my child. I am responsible for the cost of all medical treatment and care.
- ✓ I must notify the YMCA staff immediately of any changes on these forms.
- ✓ YMCA staff and volunteers are not allowed to baby-sit or transport children at any time.
- ✓ The YMCA is mandated, by state law, to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.
- ✓ I have read the YMCA Summer Program Parent Guide associated with my child's program and shared it with my child and agree to these policies and procedures. My child will be expected to follow all Camp rules and regulations. Failure to abide by the Camp rules and regulation may result in expulsion from the program.
- ✓ My child has my permission to participate in walking field trips with the YMCA and to ride on vehicles as arranged by the GLOW YMCA for transportation to and from YMCA Summer Programs and scheduled field trips. Specifics will be posted weekly.
- ✓ I authorize the YMCA to apply sunscreen and bug repellent to my child.
- ✓ My child has permission to swim at YMCA Summer Programs. I understand that my child's swimming ability will be assessed by the Progressive Swim Instructor prior to participating in swimming activities and will be reassessed on a regular basis to ensure swimmer safety. My child will only be able to swim in areas deemed appropriate for their swimming ability by the Progressive Swim Instructor.
- ✓ The YMCA has my permission to use photographs of my child in promotional materials such as brochures, ads, YMCA website or newspaper releases. I will not be informed of or reimbursed for such photographs.
- ✓ The undersigned agrees to hold harmless the GLOW YMCA and/or its employees/agents as a result of their child's participation in the program except in the case of those incidents which are a direct result of gross negligence by the GLOW YMCA or its employees/agents.
- ✓ By signing this form, I agree that I have read this entire form and understand my responsibilities for my child's participation and conduct in YMCA programs and activities.

MY SIGNATURE ACKNOWLEDGES MY UNDERSTANDING OF AND AGREEMENT TO THE ABOVE.

Parent/Guardian Name:	Parent/Guardian Signature:	Date:
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IN ADDITION TO THIS FORM, THIS PACKET CONTAINS THE FOLLOWING FORMS THAT MUST BE COMPLETED AND TURNED IN BY FRIDAY JUNE 21ST.

PARTICIPANT LIABILITY WAIVER – READ AND SIGNED BY PARENT/GUARDIAN – INCLUDED IN THIS PACKET

PARTICIPANT HEALTH FORM – FILLED OUT BY PARENT/GUARDIAN AND SIGNED BY PHYSICIAN – INCLUDED IN THIS PACKET

INDIVIDUAL STANDING ORDER FORM – FILLED OUT AND SIGNED BY PHYSICIAN – INCLUDED IN THIS PACKET

WYOMING COUNTY YMCA SUMMER PROGRAM

PARTICIPANT HEALTH FORM – TO BE COMPLETED BY PARENT/GUARDIAN

THE CHILD'S PHYSICIAN SHOULD COMPLETE BOTH SIDES OF THIS FORM. PLEASE NOTE THE NEED FOR PHYSICIAN'S SIGNATURE ON BACK SIDE OF THIS FORM.

NOT ALL YMCA SUMMER PROGRAMS ADMINISTER MEDICATION, HOWEVER, IN THE EVENT OF AN EMERGENCY WE ASK THAT FAMILIES PROVIDE US THIS INFORMATION SO THAT WE CAN BEST CARE FOR YOUR CHILD.

Child Name:	Age:	Height:	Weight:
Has your child been exposed to an infectious disease or had any major illness in the last month? <input type="checkbox"/> No <input type="checkbox"/> Yes			
If yes, Illness/Disease:		Symptoms:	
Is the child covered by any hospitalization/medical care policy? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Insurance Company:			
Card Holder:		Policy/Group #:	

Child is looking forward to YMCA Program with?	Enthusiasm	Acceptance	Caution	Anxiety
Has your child been away from home before? Explain.				
Does your child have any special talents, hobbies or special interests?				
How does your child express anger/frustration? Is there a form of discipline (time-out is usually used) that works best with your child?				
Does your child have any fears?				
Things I would like my child to accomplish at the YMCA program are:				
My child's swimming ability is: <input type="checkbox"/> Afraid of water <input type="checkbox"/> Some Lessons <input type="checkbox"/> Confident in Deep Water				
Is he/she accustomed to having a wake-up call to use the bathroom in the middle of the night?				
Does your child have any special needs that require any physical or behavioral modifications?				
Have any significant events happened in your family in the last few years?				
Is there any other information you think is important for us to know about your child?				

PROGRAM PARTICIPANT HEALTH FORMS– TO BE COMPLETED BY PHYSICIAN

CAMPER HEALTH HISTORY

Please Check All That Apply.

- | | | | |
|---|---|--|-------------------------------------|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart Defect/Disease | <input type="checkbox"/> Frequent Ear Infections | <input type="checkbox"/> Allergies: |
| <input type="checkbox"/> Convulsions | <input type="checkbox"/> Bleeding/Clotting Disorder | <input type="checkbox"/> Neurological Disorders | <input type="checkbox"/> Dental: |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hearing Problems | <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Emotional Disorder | <input type="checkbox"/> Vision Problems | <input type="checkbox"/> Illness: | <input type="checkbox"/> Other: |

ADMINISTRATION OF PRESCRIPTION MEDICATIONS TO CHILD

PLEASE COMPLETE WITH PATIENT'S CURRENT/SUMMER REGIMEN FOR BOTH SCHEDULED AND PRN MEDICATIONS.

DRUG NAME	ROUTE (PLEASE INDICATE PREFERRED FORMULATION)	DOSAGE	SCHEDULE & INDICATIONS (PLEASE CIRCLE ALL THAT APPLY)	HEALTHCARE PROVIDER ORDER (PLEASE CIRCLE ONE)

Physician's Signature on bottom of reverse side authorizes all medical information on both sides of this form.

INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF OVER-THE-COUNTER MEDICATION – TO BE COMPLETED BY PHYSICIAN

NOT ALL YMCA SUMMER PROGRAMS ADMINISTER MEDICATION OR HOUSE MEDICATIONS. HOWEVER, IN THE EVENT OF AN EMERGENCY WE ASK THAT FAMILIES PROVIDE US THIS INFORMATION. THE FOLLOWING MEDICATIONS MAY BE AVAILABLE AND WILL BE ADMINISTERED AT THE DISCRETION OF THE YMCA NURSE/MAT/HEALTH CARE PROVIDER AS INDICATED.

CHILD NAME:		AGE:	WEIGHT:	HEIGHT:
DRUG NAME	ROUTE (PLEASE CIRCLE PREFERRED FORMULATION)	DOSAGE	SCHEDULE & INDICATIONS (PLEASE CIRCLE ALL THAT APPLY)	HEALTHCARE PROVIDER ORDER (PLEASE CIRCLE)
SUN SCREEN LOTION/SPRAY	Topical	As per package instructions	As needed	YES NO
INSECT REPELLANT	Topical	As per package instructions	As needed	YES NO
ANTISEPTIC OINTMENT	Topical	As per package instructions	Minor wound care Other:	YES NO
ANTI-ITCH OINTMENT	Topical	As per package instructions	Rashes insect bites Other:	YES NO
ANTI-STING OINTMENT	Topical	As per package instruction	Insect bites Other:	YES NO
ANTIBIOTIC OINTMENT	Topical	As per package instruction	Minor wound care Other:	YES NO
SUNBURN RELIEF OINTMENT	Topical	As per package instructions	Sunburn Other:	YES NO
IBUPROFEN	Oral	As per package instructions	Pain; swelling; fever Other:	YES NO
ACETAMINOPHEN	Oral	As per package instructions	Pain; swelling; fever Other:	YES NO
ANTI-FUNGAL CREAM	Topical	As per package instructions	Athletes foot Other:	YES NO
ANTACID/ ANTIEMETIC	Oral	As per package instructions	Nausea; diarrhea Other:	YES NO
SWIMMER'S EAR DROPS	Topical	As per package instructions	Ear pain after swimming Other:	YES NO
EYE DROPS	Topical	As per package instructions	Eye irritation; allergies Other:	YES NO
HYDROCORTISONE 0.5%	Topical	As per package instructions	Rashes; insect bites; poison ivy Other:	YES NO
COUGH SYRUP	Oral	As per package instructions	Coughing Other:	YES NO
LAXATIVE	Oral	As per package instructions	Constipation Other:	YES NO
ANTIHISTAMINE	Oral or Topical	As per package instructions	Swelling Hives; allergic reaction; nasal congestion; Other:	YES NO
ANTI-DIARRHEA	Oral	As per package instructions	Diarrhea Other:	YES NO
LICE TREATMENT	Topical	As per package instructions	Detection Other:	YES NO

Health Care Provider Name:		
Address:		
City:	State:	Zip:
License Number:	Phone:	Fax:
As requested by the patient and as mandated by New York State Department of Health, a dated and/or current copy of immunizations/shot records is attached. _____ Physician Initials		
PHYSICIAN SIGNATURE:		DATE:

YMCA Kid's Gym, Inflatable, Camp Hough and Red Pines Participant Waiver

Although we strive to make all activities as safe as possible, activities of this nature do come with some element of risk. This waiver ensures that we have contact information for you and/or your child and you are aware of these risks. Please fill this out completely, if you have any questions, please contact the YMCA.

Participant Name _____ DOB _____

Parent/Guardian Name (Printed) _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Emergency Phone _____

MEDICAL PROFILE - I recognize that the Kid's Gym climbing elements and Inflatables are physically strenuous endeavors requiring my child to be in good physical condition. I hereby certify that he/she does not suffer from any physical or mental infirmities or illnesses which would affect his/her ability to engage in climbing activities. I further certify that if my child is on any regular medication I will discuss this medication with the YMCA/Kid's Gym staff. If they are now under the treatment for any infirmity or illness I will detail it in the space provided and speak to a YMCA staff person.

Parent/Guardian Signature _____ Date _____

ACKNOWLEDGMENT OF RISK & ASSUMPTION RESPONSIBILITY - I understand that during my child's participation in a Kid's Gym activity he/she may be exposed to physically stressful and challenging situations. I understand that although the program has taken precautions to provide proper organization, supervision, instruction and equipment it is impossible for the program to guarantee absolute safety. I waive any claim that may arise against the GLOW YMCA and or its employees as a result of my child's participation in the program, except those which are a direct result of the negligence by the GLOW YMCA or its employees. I have accepted responsibility for verifying my child's personal health and medical history on the top of this sheet. In so doing I state that my child has no physical or psychological problems that would prohibit participation in this program. I also understand that I share responsibility for safety and I assume that responsibility.

I acknowledge that there can be no guarantee of safety against risk and unforeseen accident as detailed above. I consent to the participation of the above named participant in the experiential program. I also authorize the treatment of him/her by a licensed medical doctor in the event of an emergency. This authority is granted only after a reasonable effort has been made to contact me. Further I wave any claim that may arise against the GLOW YMCA and or its employees, its employees, directors, and agents and other participants as a result of my participation in the program, except those which are a direct result of the negligence by the GLOW YMCA or its employees, its employees, directors and agents and other participants.

Parent/Guardian Signature _____ Date _____



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GLOW YMCA SUMMER PROGRAMS Behavior Agreement

Participant:

1. I will obey the rules of the YMCA summer program.
2. I will do my best to be Caring, Honest, Respectful, and Responsible while attending the YMCA Program.
3. I will respect everyone who attends the YMCA summer program. This includes the staff and other children attending the program. I will also respect their property and the building which the program is in.
4. I understand that the YMCA program does not allow swearing, talking back, or physical harm/fighting.
5. I understand that if I do not follow these rules, my parents will be called to pick me up.
6. I understand and agree with the rules listed above and will try my very best to follow these rules while at the YMCA program.

Participant Signature

Date

Parent/Guardian:

1. I have discussed the above guidelines with my child. My child and I fully understand that I will be called to pick-up my child if they do not follow the agreement.

Parent/Guardian Signature

Date



PARENT GUIDE TO SUMMER REC 2019

Welcome to Y Summer Rec. We have a fantastic summer planned for your children and believe that the Y offers the perfect environment for your child to develop character skills, build meaningful friendships and instill values that will last a lifetime. We recognize how important it is to provide a fun, safe and enriching summer opportunity for your child and thank you for entrusting your children with us.

In this guide you will find all the necessary information and forms that you will need to prepare yourself and your child for the summer rec experience. Please read over the information carefully as some of it has changed from years past. In addition, please be sure to fill out all of the necessary forms thoroughly and return them to the Y by **Friday June 21st**. Of course, if you have any questions, please feel free to contact the Wyoming County YMCA and we will gladly answer your questions.

REGISTRATION INFORMATION

Fees and Payments

The following describes the steps necessary to register your child for one of our summer camp programs.

1. Fill out a registration form for each child, and mark which weeks they plan on attending. You can register at any branch of the GLOW YMCA or online at www.glowymca.org. When registering online, you must click on the Register tab on the left side of the website and follow the directions provided. You may register for multiple weeks.
2. Fill out the necessary forms and waiver (attached to this packet), and return it to the Y by **Friday June 21st**. Please be sure to note that your Physician will need to sign the Health Form and Individualized Standing Order as well as providing a copy of your child's immunization record.
3. Each additional week must be paid in full by the Wednesday prior to the start of the session. Failure to register your child by the Wednesday prior may result in your child being ineligible to attend that session of camp. Payments can be made with cash or check at the park or by visa or master card at the Y.

Parents are responsible for payment if their child does not attend the program on their scheduled day(s).

REQUIRED WAIVERS AND FORMS

The following forms need to be filled out completely and returned to the Y by Friday June 21st or Wednesday before the intended session. We encourage you to make a photocopy of each form for your own records. Children will not be admitted to Rec without completed paperwork. If your child is attending more than one session of Rec or attending another GLOW YMCA program, you need to only fill out one set of forms. All information in your child's record is privileged and confidential and will not be released without your written consent.

- **PROGRAM PARTICIPANT PROFILE AND PARTICIPANT LIABILITY WAIVER** – Please note that it is the responsibility of the child's parent/guardian to provide for the child's own accident and health coverage while participating in activities with the GLOW YMCA. Any changes in pickup authorization, address, work or home phone numbers, emergency contacts etc., need to be given to the Rec Director as soon as possible.
- **PROGRAM PARTICIPANT HEALTH FORM AND INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF OVER-THE-COUNTER MEDICATION** – This form provides important medical information. Please note that this two-page form requires a physician's signature and a current copy of your child's immunizations/shot record.

2019 Y REC GENERAL INFORMATION

Perry Rec Hours

Rec hours are from 7:45 am–5:00 pm. Planned programming begins each morning at 9:15am with morning announcements and any necessary daily information. Whenever possible, please make an effort to have your child at rec by 9:15am to assure they do not miss out on any of the day's activities!

Late Fees and Pick-up Policy

On certain occasions when a parent must be late the YMCA has established these firm policies:

- Parents must call the Y staff to let them know what time they can be expected to arrive or to inform them of alternate transportation arrangements that have been made.
- Parents will be **assessed a Late Fee of one dollar per child per minute** after 5:00pm. The clock at the program site will be used to determine the Late Fee charge. Late Fees will need to be paid before your child is able to attend program the next day.
- In the event that the Y does not receive a prior phone call from the parent, the following procedures will be immediately implemented:
 1. A staff member will try to contact the child's parents
 2. If contact cannot be made, a staff member will call the emergency contact list to arrange pick up.
 3. If one hour late from official closing time and contact cannot be made to the child's parents or emergency contacts, a call will be placed to the Child Protective Services as to what further arrangements are necessary.

Transportation for Perry Rec

Parents/guardians are expected to provide transportation to and from Perry Park.

Transportation to and from field trips will be provided by a local bus company.

Attendance and Authorization

The Y is responsible for all registered campers each day.

- If your child is not going to attend rec, please call the YMCA as soon as possible to report the absence. If your child is not in attendance and we did not receive a phone call, we will call you to verify.
- Every morning a parent/guardian must walk the camper into the building and sign the camper in.
- Parents, or designated persons picking up children, must enter the building with photo identification.
- Children must be signed out by a parent/guardian, or authorized adult 16 years of age or older whose name appears on the Authorized Pick-up portion of the Participant Profile.
- If at any time someone other than the person designated on your release form is picking up your child; it is necessary to fill out the Additional Authorized Pick-up Form at least **24 hours in advance**. In the case of a last minute pick-up change please call the rec phone and notify the site director. The pick-up person must have photo identification. **No child will be released without prior notification of pick-up change and photo identification.**
- Any youth **10 years old or older** that walks, rides a bike, or takes the bus to or from camp needs to have a signed form on file with us granting parental permission.

Emergency Communication

In case of medical or family emergency, contact your Perry Rec Director using the information on the cover sheet of this Parent Guide.

Telephone Contact

Parent/guardians may contact the Rec Director at any time to discuss their child's experience. YMCA Rec programs have a "no-cell phone" policy for participants at camp. In return for helping us be cell-phone-free, we agree to tell you if your child is experiencing a challenge in their adjustment to the YMCA program.

REC PROGRAM INFORMATION

Camper Expectations

Sharing and group work are an integral part of our Y programs. Each day, campers are given opportunities to demonstrate leadership skills and challenge themselves with new activities. Rec is physically active, with long days; participating fully is important and expected at the Y. The staff makes every effort to ensure rec is a fun, enjoyable experience. However, there will be times each day that campers will be asked to help with small tasks to keep our

program safe and enjoyable. These tasks help to instill a sense of ownership and develop values in our participants that can be translated into school and home life.

Behavioral Expectations

Campers are expected to act as they would in a normal school day. Following directions, treating others fairly and respectfully and obeying rules are necessary. Please be certain to explain to your children that while rec is meant to be a fun experience, their best behavior is still expected. Rec staff will enforce discipline when needed, refunds will not be granted for children who are removed from the program for behavioral reasons.

Termination

If a child poses a threat to, or physically/mentally harms another child, the following disciplinary actions will be followed and documented:

- 1) Warning with a "time-out"; parent/guardian notified of the incident that day.
- 2) Meeting will occur with the child, parent/guardian, Rec Site Director and the Administrator.
- 3) Strike 3 – The child will be asked to be removed from the program for the remainder of the summer.

Please know that if a situation occurs which is severe enough to remove your child from the program, they will be terminated without having to follow the 3 disciplinary steps listed above.

Group Assignments

Throughout the week, there are occasions when campers are placed in groups with children of the same age, same gender, in a big brother/big sister role or activity interest. Campers have the opportunity to participate in a variety of interesting, age-appropriate and mission driven activities led by our trained Y Staff Team.

Special Events and Weekly Themes

Each week of rec will have a special theme and a selection of activities.

Swimming

Campers will have specified days for recreational swimming each week. Please make sure your child brings a towel and swimsuit for swimming days (cut-off shorts or t-shirts are not allowed in the pool). Swimming is an extremely valuable part of rec and we encourage everyone to participate. The Y will implement a "buddy system" to ensure safety and there will be one counselor in the water and two certified lifeguards on deck at all times. Campers will take a swim test in order to determine their swim level and be permitted into areas of the pool based on their ability level.

Lunch

Each child must bring a healthy lunch and snack daily. **Please do not pack soda or candy.** Please keep in mind that we have limited refrigerator space, we suggest that children use a lunch box that is insulated and pack frozen drinks like juice boxes. Multiple water bottles are encouraged for children to stay hydrated throughout the day.

Clothing and Equipment

Be aware that rec is hard on clothing and equipment due to our very active days. We recommend against bringing new and/or expensive clothing or other items. Socks and sneakers should be worn daily.

All personal belongings should be plainly and BOLDLY marked for easy identification and are ultimately the responsibility of the camper. Unclaimed lost and found property will be kept for one week and then donated to various local charities.

PLEASE DO NOT BRING: Pocketknives, trading cards, candy, pop, or food, cellular phones, cash, electronic games, music players and/or other electronic devices.

Daily recommended items:

- Jacket
- Swimming Suit & Towel
- Water Bottles
- Hat
- Sneakers & Socks
- Backpack
- Sunscreen

DAY CAMP WELLNESS PLAN

Health Care Policies

Each child must have an up-to-date Rec Participant Profile form on file. Children who become ill or are suspected of having a communicable disease may not remain in the program. They will be isolated from the other children; parents or an emergency contact will be called and asked to come pick up their child immediately. Children who are sent home due to sickness cannot return to camp for 24 hours or until they have no signs of illness. The guidelines listed below have been set up and will be followed unless your physician states in writing that your child may attend. Please refrain from sending your child to camp if any of the following are observed:

- Pink Eye
- Impetigo
- Head Lice
- Ring Worm
- A temperature of 101 or above
- Severe Cold with a Fever
- Any contagious disease
- Vomiting

Camper Medication

Upon arrival at the YMCA, all medications – **both prescription and nonprescription** – will be collected. Prescription medications can only be self-administered according to the directions on the label. Please make an effort to administer morning and evening meds at home to help limit the amount of self-administration needed at rec.

The state requires that all medications be in its *original* bottle. Please send only medications that your child takes on a regular basis. To help out, put your child's medication bottles in a zip-lock bag and write your child's name and week number/dates in permanent marker. Prescribed medication must be clearly marked with: child's name, directions for administration, name of medication and name and phone number of physician. If your child requires an asthma inhaler or a bee sting kit, their counselor will be able to carry one. It is *highly* recommended that you send a second or even third one that can be kept at the YMCA as a back-up. Based on program location, an additional form may be required.

Please be sure to contact the Y with any questions you may have about our program. We look forward to having your child attend our Summer Rec program!

Have a Great Summer!

Y Rec Staff