



June 1, 2019

Dear Members,

Starting on July 1, 2019, the diapering of children, will now be the responsibility of you, the parent. There will be two diaper stations installed in both the men and women's restrooms located in the Group Exercise room (down the hall from childwatch). If your child needs a diaper change while in childwatch, a staff member will notify you. As always it is very important that you let staff know where you will be while inside the building.

If your child is toilet trained, the childwatch staff will assist the child to the bathroom. However, children must be able to complete all toileting steps by themselves. Due to child safety policies, staff cannot assist in toileting actions such as removing bottoms, wiping, etc. We advise you to take your children to the restroom before bringing them into childwatch.

Additionally, to participate in "Parents Night Out" and/or "Drop and Shop" programs, your child must be toilet trained.

**Definition of toilet trained:**

- Child must be able to vocalize that they need to use the restroom.**
- Child must be able to pull pants, underwear, training pants up and down by themselves.**
- Child must be able to sit on the toilet and get up off the toilet without assistance.**
- Child must be able to clean themselves (wipe) upon completion of using the toilet. Staff will not be allowed to assist in this procedure.**

If you have any questions please feel free to contact me at (585)-344-1664

Thank You,

Wendy Louis

Childwatch Coordinator