# NEW YORK STATE OFFICE OF CHILDREN AND FAMILY SERVICES

# INDIVIDUAL HEALTH CARE PLAN FOR A CHILD WITH SPECIAL HEALTH CARE NEEDS

You may use this form or an approved equivalent to document an individual health care plan developed for a child with special health care needs.

A child with a special health care need means a child who has a chronic physical, developmental, behavioral or emotional condition expected to last 12 months or more and who requires health and related services of a type or amount beyond that required by children generally.

Working in collaboration with the child's parent and child's health care provider, the program has developed the following health care plan to meet the individual needs of:

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Child Name:	Child date of birth:		
Name of the child's health care provider:	☐ Physician		
	☐ Physician Assistant		
	☐ Nurse Practitioner		
Describe the special health care needs of this child and the plan of care as identified by the parent and the child's health care provider. This should include information completed on the medical statement at the time of enrollment or information shared post enrollment.			
Identify the caregiver(s) who will provide care to this child with special health care needs:			
Caregiver's Name	Credentials or Professional License Information (if applicable)		

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Describe any additional training, procedures or competencies the caregiver identified will need to carry out the health care plan for the child with special health care needs as identified by the child's parent and/or the child's health care provider. This should include information completed on the medical statement at the time of enrollment or information shared post enrollment. In addition, describe how this additional training and competency will be achieved including who will provide this training.

This plan was developed in close collaboration with the child's parent and the child's health care provider. The caregivers identified to provide all treatments and administer medication to the child listed in the specialized individual health care plan are familiar with the child care regulations and have received any additional training needed and have demonstrated competency to administer such treatment and medication in accordance with the plan identified.				
Program Name:	License/Registration Number:	Program Telephone Number:		
Child care provider's name (please print):		Date:		
Child care provider's signature:				
Signature of Parent:				
v		Date:		
X				

# NEW YORK STATE OFFICE OF CHILDREN AND FAMILY SERVICES INDIVIDUAL ALLERGY AND ANAPHYLAXIS EMERGENCY PLAN

#### Instructions:

- This form is to be completed for any child with a known allergy.
- The child care program must work with the parent(s)/guardian(s) and the child's health care provider to develop written instructions outlining what the child is allergic to and the prevention strategies and steps that must be taken if the child is exposed to a known allergen or is showing symptoms of exposure.
- This plan must be reviewed upon admission, annually thereafter, and anytime there are staff or volunteer changes, and/or anytime information regarding the child's allergy or treatment changes. This document must be attached to the child's Individual Health Care Plan.
- Add additional sheets if additional documentation or instruction is necessary.

		·			
Child's Name:	Date of Plan: / /				
Date of Birth: /	/ Current Weight:	lbs.			
Asthma:  Yes (high	er risk for reaction) 🔲 No				
My child is reactive to the following allergens:					
Type of Exposure:		Symptoms include but are not limited to:			
Allergen:	(i.e., air/skin contact/ingestion, etc.):	(check all that apply)			
		☐ Shortness of breath, wheezing, or coughing			
		☐ Pale or bluish skin, faintness, weak pulse, dizziness			
		☐ Tight or hoarse throat, trouble breathing or swallowing			
		☐ Significant swelling of the tongue or lips			
		☐ Many hives over the body, widespread redness			
		☐ Vomiting, diarrhea			
		Behavioral changes and inconsolable crying			
		Other (specify)			
		☐ Shortness of breath, wheezing, or coughing			
		Pale or bluish skin, faintness, weak pulse, dizziness			
		☐ Tight or hoarse throat, trouble breathing or swallowing			
		☐ Significant swelling of the tongue or lips			
		Many hives over the body, widespread redness			
		☐ Vomiting, diarrhea			
		Behavioral changes and inconsolable crying			
		☐ Other (specify) ☐ Shortness of breath, wheezing, or coughing			
		Pale or bluish skin, faintness, weak pulse, dizziness			
		☐ Tight or hoarse throat, trouble breathing or			
		swallowing			
		Significant swelling of the tongue or lips			
		☐ Many hives over the body, widespread redness☐ Vomiting, diarrhea			
		☐ Behavioral changes and inconsolable crying			
		Other (specify)			
If my child was LIKELY exposed to an allergen, for ANY symptoms:  ☐ give epinephrine immediately					
If my child was DEFINITELY exposed to an allergen, even if no symptoms are present:					
give epinephrine immediately					

OCFS-6029 (01/2021)		
Date of Plan:	/	

## THE FOLLOWING STEPS WILL BE TAKEN IF THE CHILD EXHIBITS SYMPTOMS including, but not limited to:

- Inject epinephrine immediately and note the time when the first dose is given.
- Call 911/local rescue squad (Advise 911 the child is in anaphylaxis and may need epinephrine when emergency responders arrive).
- Lay the person flat, raise legs, and keep warm. If breathing is difficult or the child is vomiting, allow them to sit up
  or lie on their side.
- If symptoms do not improve, or symptoms return, an additional dose of epinephrine can be given in consultation with 911/emergency medical technicians.
- Alert the child's parents/guardians and emergency contacts.
- After the needs of the child and all others in care have been met, immediately notify the office.

#### **MEDICATION/DOSES**

•	Epinephrine brand or generic:		
•	Epinephrine dose: 0.1 mg IM	☐ 0.15 mg IM	□ 0.3 mg IM

#### ADMINISTRATION AND SAFETY INFORMATION FOR EPINEPHRINE AUTO-INJECTORS

When administering an epinephrine auto-injector follow these guidelines:

- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than the mid-outer thigh. If a staff member is accidentally injected, they should seek medical attention at the nearest emergency room.
- If administering an auto-injector to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- Epinephrine can be injected through clothing if needed.
- Call 911 immediately after injection.

#### STORAGE OF EPINEPHRINE AUTO-INJECTORS

- All medication will be kept in its original labeled container.
- Medication must be kept in a clean area that is inaccessible to children.
- All staff must have an awareness of where the child's medication is stored.
- Note any medications, such as epinephrine auto-injectors, that may be stored in a different area.
- Explain here where medication will be stored:

## MAT/EMAT CERTIFIED PROGRAMS ONLY

Only staff listed in the program's Health Care Plan as medication administrant(s) can administer the following medications. Staff must be at least 18 years old and have first aid and CPR certificates that cover all ages of children in care.

- Antihistamine brand or generic:
- Antihistamine dose:
- Other (e.g., inhaler-bronchodilator if wheezing):

\*Note: Do not depend on antihistamines or inhalers (bronchodilators) to treat a severe reaction. USE EPINEPHRINE.

## STORAGE OF INHALERS, ANTIHISTAMINES, BRONCHODILATOR

All medication will be kept in its original labeled container. Medication must be kept in a clean area that is inaccessible to children. All staff must have an awareness of where the child's medication is stored. Explain where medication will be stored. Note any medications, such as asthma inhalers, that may be stored in a different area.

Explain here:

# STRATEGIES TO REDUCE THE RISK OF EXPOSURE TO ALLERGIC TRIGGERS

The following strategies will be taken by the child care program to minimize the risk of exposure to any allergens while the above-named child is in care (add additional sheets if needed):

Document plan here:			
EMERGENCY CONTACTS – CALL 911			
Ambulance: ( ) -			
Child's Health Care Provider:	Phone #: (	)	-
Parent/Guardian:	Phone #: (	)	-
CHILD'S EMERGENCY CONTACTS			
Name/Relationship:	Phone#: (	)	-
Name/Relationship:	Phone#: (	)	-
Name/Relationship:	Phone#: (	)	-
Parent/Guardian Authorization Signature:	Date:	/	1
Physician/HCP Authorization Signature:	Date:	/	/
Program Authorization Signature:	Date:	/	/