



Give yourself the gift of health

# Join me at the Y!

You're going to love the Y...

- FREE orientation sessions to help you reach your goals
- FREE group exercise classes, like Pilates, Yoga, and Zumba
- FREE childwatch while you work out
- 25% off most program fees, like swim lessons & youth sports!
- Use of all YMCA GLOW branches and Nationwide Membership
- State-of-the-art fitness equipment and more!



Member get a member (Receive one month of free membership)

### Referring Member's Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Member Branch: \_\_\_\_\_



### Friend's Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Member Branch: \_\_\_\_\_

New member must join as a full young adult, adult, family or senior member. This referral must be presented when signing up for membership. Referring member receives one free month of membership! Referral form must be presented at time of membership transaction. Offer does not apply to the upgrade of an existing membership.

### Genesee County YMCA

209 East Main Street, Batavia, NY

Phone: 585-344-1664

### Wyoming County YMCA

115 Linwood Avenue, Warsaw, NY

Phone: 585-786-2880

### Orleans County YMCA

306 Pearl Street, Medina, NY

Phone: 585-798-2040