

WYOMING YMCA GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PICK UP BASKETBALL 6:00AM-7:30AM	OPEN GYM 6:00AM-8:00AM	PICK UP BASKETBALL 6:00AM-7:30AM	OPEN GYM 6:00AM-8:00AM	PICK UP BASKETBALL 6:00AM-7:30AM	OPEN GYM 7:00AM-10:00AM	CLOSED
AGELESS FITNESS 8:30AM-9:30AM	SILVER SNEAKERS 9:00AM-10:00AM	OPEN GYM 7:30AM-8:30AM	SILVER SNEAKERS 9:00AM-10:00AM	OPEN GYM 7:30AM-10:30AM	PICKLEBALL 10:00AM-11:30AM	
OPEN GYM 9:30AM-10:30AM	OPEN GYM 10:10AM-10:30AM	PRESCHOOL PE 9:00AM-10:30AM	PICKLEBALL 10:30AM-12:30PM	PICKLEBALL 10:30AM-12:30PM	OPEN GYM 11:30AM-12:00PM	
PICKLEBALL 10:30AM-12:30PM	PICKLEBALL 10:30AM-12:30PM	PICKLEBALL 10:30AM-12:30PM	CAMP 1:00PM-3:00PM	CAMP 1:00PM-3:00PM		
CAMP 1:00PM-3:00PM	CAMP 1:00PM-3:00PM	CAMP 1:00PM-3:00PM	OPEN GYM 3:00 PM-5:30PM	OPEN GYM 3:00 PM-6:00		
OPEN GYM 3:00PM-8:00PM*	OPEN GYM 3:00PM-6:00PM	OPEN GYM 3:00 PM-6:00PM	KARATE 5:30PM-7:30PM	ARCHERY 6:00PM-7:00PM		
*1 ST AND 3 RD MONDAYS "CIRCLE OF FRIENDS" 6:30PM-8:00PM	OPEN GYM VOLLEYBALL 6:00PM-8:00PM	PICK UP SOCCER 6:00PM-8:00PM				

- PLEASE NOTE THAT TIMES OF OPEN GYM MIGHT CHANGE FOR SUMMER DAY CAMP DEPENDING ON WEATHER...
- PLEASE JUST GIVE US A CALL TO BE ON THE SAFE SIDE FOR GYM AVAILABILITY (585)786-2880...THANK YOU...