



HEALTHY: NOT AN IDEA

A WAY OF LIFE

Spring Session Program guide
(7 Weeks)

April 28, 2024 - June 15, 2024

Registration Begins

April 1, 2024
Members Only

April 15, 2024
Registration for all

Our Mission

To develop the spiritual, mental, and physical wellness of all people in an atmosphere of Christian Fellowship.

Genesee County YMCA • 209 East Main Street • Batavia, NY 14020 • 585.344.1664 • www.glowymca.org

FOR COMMUNITY

Welcome to the Y. We're an inclusive organization of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

Letter from the Executive Director,

As spring finally returns to Genesee County, we are busy here doing our spring cleanup and gearing up for a session full of healthy programs and classes.

We are moving into the final stage of our Annual fundraising campaign, and I would like to take a moment to thank our current donors for their support of our Strong Communities Campaign. This year we are hoping to raise \$50,500. As a charity, our mission is to ensure that no one is ever turned away due to their inability to pay. Thanks to our donors, I am proud to say that no one will. If you or someone you know could benefit from a YMCA scholarship, please inquire online or at the front desk for opportunities.

I encourage you to take a look at our spring program offerings and take note of the many programs to benefit people of all ages that are offered within this guide. Registration for Summer Camp and Fall Preschool are already underway!

Best of health
Josh Bender
Executive Director

MEMBERSHIP FEES & PAYMENT PLANS

ANNUAL MEMBERSHIPS

Members may pay the full amount of their annual dues. MasterCard, Visa, cash, check or YMCA gift certificates are accepted for all transactions.

MONTHLY PAYMENT OPTIONS

Monthly fees are deducted automatically from your checking account or credit card. There is no finance charge. A completed authorization form and voided check are necessary for all transactions. Membership remains continuous until the member requests a cancellation with a 30-day written notice.

JOINING FEE

The GLOW YMCA charges a joining fee to Provide a source of funds for enhancing membership services. This fee is non-refundable. A lapse in membership for 30 days or more requires payment of the joining fee.

Membership Categories	Joining Fee	Monthly Rate
Youth (Ages 0-12)	No Fee	\$192* (annual rate only)
Junior (Ages 13-17)	\$25	\$21
Young Adult (Ages 18-24)	\$25	\$26
Adult (Ages 25+)	\$25	\$42
2 Adults (2 adults in same household)	\$25	\$60
1 Adult Family	\$25	\$52
2 Adult Family	\$25	\$71
Senior (Ages 62+)	\$25	\$36
2 Adult Seniors (Ages 62+)	\$25	\$56

FINANCIAL ASSISTANCE

Through the YMCA’s Strong Communities Campaign, financial assistance is provided based on available resources to those in need. For more details, contact Brionna DeMichel at 585.344.1664.

FAMILY PROGRAMMING

CHILDWATCH HOURS

Monday – Saturday

8:00AM - 12:00PM

Tuesday - Thursday

5:00PM - 8:00 PM

**Family Membership Categories only*

**3 hr. limit per day.*

DROP 'N SHOP

Go shopping, take siblings to a doctor's appointment, get your hair done, get a massage, take a nap, pamper yourself while your kids have fun at the Y! During child watch hours - 3-hour time limit

**24-hour notice required*

FAMILY Memberships ONLY:

\$17/1st child

\$14 each additional child



BABY CAFE

Pregnant or Breastfeeding Moms, please join us at the Y:

Tuesdays 11:00AM-12:30PM (EXCEPT Holidays)

Baby Café offers the opportunity to network with other moms, receive free breastfeeding support, resources and assistance from an International Board-Certified Lactation Consultant (IBCLC) and Maternal Health staff.

Call 585.344.5331 and select option #1 for registration or details.

Parent's Night Out

5:30pm – 8pm

Friday, April 5, 2024 "Engineering & Experimenting"

Friday, May 3, 2024 "Star Wars"

More information will be available soon! Call the YMCA Member Services Desk at 585.344.1664. Pre-registration will be required for this event.

BIRTHDAY PARTIES

Member Price/Non-Member Price

Kid's Gym (\$130/\$185)

A 2-hour party with free play in the kid's gym and loft area for snacks and gifts. Maximum occupancy 25

Kid's Gym & Swim (\$175/\$230)

A 2-hour party with free play in the Kid's Gym as well as supervised pool time. *Children under the age of 6 require an adult in the pool while swimming, children between the ages of 6-9 require a parent to be in the facility while swimming.

Kid's Gym & Bounce House (\$180/\$215)

A 2-hour party with free play in the Kid's Gym as well as supervised access to the Bounce House.

Room Rental (\$60/\$95)

A 3-hour rental of a large room on the 2nd floor. Set up and clean up is the renter's responsibility.

Basketball Gym Party (\$140/\$180)

A 2-hour party with open basketball gym time, and a large room rental for snacks and presents.

Party Package Add ons:

Member Price/Non-Member Price

Large Room Rental: \$30/\$55

Extended Time: \$30/\$55

Bounce House: \$40/\$65

After Hours: \$55/\$90

Basketball Gym: \$30/\$65

For more information contact
Brionna DeMichel at
bdemichel@glowymca.org

SWIM LESSONS

WATER DISCOVERY (30 min)

Infants and parents work to adjust to the water and develop basic skills. Based on age, games and songs will be used to learn how to blow bubbles, kick, enter and exit the pool, and submerge their face in the water.

WATER EXPLORATION (30 min)

Parent/Child class with instructor interaction. Helps toddlers learn basic water skills. Use of independent flotation devices is optional.

****PRICING ON NEXT PAGE**

STAGE 1

This is a beginner level for children. This level allows children to become acquainted with the pool, the use of flotation devices, and basic skills.

STAGE 2

Children continue to practice and build upon basic skills, now performing more skills with limited aid of a flotation device. Elementary backstroke is introduced.

STAGE 3

This is the initial intermediate level. Children must be able to swim 1 length of the pool. Strokes will continue to be refined, breaststroke is introduced.

STAGE 4

In this level, students work to further improve the crawl stroke, elementary backstroke, back crawl, and side stroke.

Swim team prep (60 Min)

This class focuses on building endurance and stroke technique. This is a great class for those interested in swim team.

Private/semiprivate swim lesson

A chance to have 1 on 1 or small group swim instruction based on individual skills and needs. Individually Scheduled

SWIM LESSONS PRICING

Water Discovery	6mos-18mos	Saturday	9:00-9:30am	\$60	\$90
Water Exploration	18mos-36mos	Thursday	5:30pm	\$60	\$90
		Saturday	9:35am	\$60	\$90
Stage 1	3-12 YEARS	Tuesday	5:30pm	\$70	\$105
		Thursday	6:10pm	\$70	\$105
		Saturday	9:30am or 10:50am	\$70	\$105
Stage 2	3-12 YEARS	Tuesday	5:30pm or 6:10pm	\$70	\$105
		Thursday	5:30pm	\$70	\$105
		Saturday	10:10am	\$70	\$105
		Saturday	10:50am	\$70	\$105
Stage 3	3-12 YEARS	Tuesday	6:10pm	\$70	\$105
		Thursday	5:30pm	\$70	\$105
		Saturday	10:10am	\$70	\$105
Stage 4	3-12 YEARS	Thursday	6:10pm	\$70	\$105
		Saturday	10:50am	\$70	\$105
Swim Team Prep	6-14 YEARS	Tuesday	5:30-6:30pm	\$95	\$125
Diverse Abilities	All Ages	Saturday	9:45am	\$70	\$105

Contact Emily Hirsch at ehirsch@glowymca.org with any questions.

SOCIAL RESPONSIBILITY

CPR

ASHI Certification includes CPR, AED and First Aid. CPR and AED training, teaches rescuers how to recognize and treat life threatening emergencies, including cardiac arrest and choking for adults, child, and infant victims. Participants also learn to recognize the warning signs of heart attacks along with AED training.

Members: \$60

Non-Members: \$75

Dates: 4/13 & 5/11

LIFEGUARD TRAINING

American Red Cross Blended Learning course.

Learn how to effectively prevent and respond to water emergencies with the American Red Cross lifeguard training. With our lifeguard training, you will learn how quick response times and effective preparation are vital to being a lifeguard while also understanding the crucial elements in helping to prevent drownings and injuries. Min. age 15 and must pass prerequisite swim test.

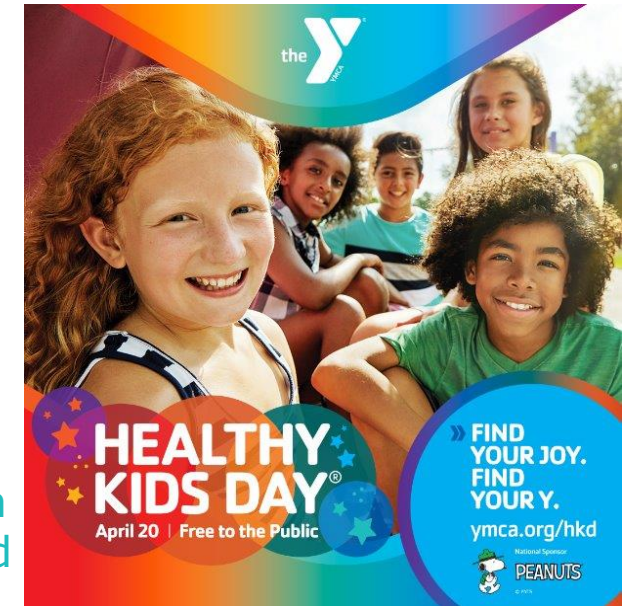
Contact Front Desk for Details!

Fee: \$230

Dates: May 4th and 5th

Healthy Kids Day

Did you know that Healthy Kids Day is not just for Y members? Spread the word and join us April 20th, 2024, 9am-11am at the Genesee County YMCA for a day of fun-filled activities to celebrate healthy kids and families. The event is **FREE** and open to the public. Call the front desk for more information at 585-344-1664.



PRESCHOOL CLASSES FOR THE 2024-2025 SCHOOL YEAR

THE YMCA IS COMMITTED TO HELPING CHILDREN GROW SOCIALLY, EMOTIONALLY, AND ACADEMICALLY THROUGH PLAY-BASED PRESCHOOL PROGRAMMING. FROM CIRCLE TIME TO GYM CLASS, SWIM LESSONS TO LEARNING CENTERS, OUR PRESCHOOL IS SURE TO PROVIDE A RICH EXPERIENCE THAT WILL START YOUR LIFELONG LEARNER.

PLAYGROUP

2 YEARS OLD BY 12/1/2024

MONDAY: 9AM - 10:30AM

THREE-YEAR-OLD NURSERY SCHOOL

3 YEARS OLD BY 12/1/2024

TUESDAY AND THURSDAY: 9AM - 11:15AM

WEDNESDAY AND FRIDAY: 9AM - 11:15AM

UPK PROGRAM

4 YEARS OLD BY 12/1/2024

CHECK OUT YOUR SCHOOL'S WEBSITE FOR ENROLLMENT DATES AND WHERE TO PICK UP AND TURN IN REGISTRATION FORMS.

THE YMCA PARTNERS WITH BATAVIA, PEMBROKE, AND YORK SCHOOL DISTRICTS.

Monthly Tuition: FREE



Member Registration: 3/1/24

Non Member Registration: 3/11/24

YMCA CHILDCARE

BEFORE & AFTER SCHOOL ENRICHMENT (BASE)

(CHILDREN AGES 5 AND UP)

Licensed by the Office of Children and Family Services, this program provides a safe, nurturing, fun and enriching environment where children are cared for during those hours when parents are still working. Conveniently located in school districts throughout Genesee and Livingston County.



Registration packets for next school year will be available in May at www.glowymca.org.

Any questions, please contact:

Gina Henry at ghenry@glowymca.org (Alexander, Batavia, Elba & Pembroke BASE)

Jay Cisco at jcisco@glowymca.org (Cal Mum, Le Roy, Geneseo, York & Wheatland-Chili BASE)

YMCA SUMMER CAMP

The YMCA Summer Camp program is based on the philosophy of structured and safe play in a fun and nurturing environment that is welcoming for all children. Daily schedule includes sports, swimming, arts and crafts, fellowship, games, themed activities, weekly trips, special guests, and so much more.

Ages 3-12
7:00 AM-6:00 PM

Summer Camp Rates

Weekly Rates:

5-DAY OPTION:

Member Rate: \$215

Non-Member Rate: \$290

3-DAY OPTION:

Member Rate: \$170

Non-Member Rate: \$210

1/2-DAY OPTION:

Member Rate: \$110

Non-Member Rate: \$140

July 4th Week

Camp pricing will be adjusted to accommodate the holiday.

Week 1

JULY 1 - 5

No Camp July 4

Week 2

JULY 8 - 12

Week 3

JULY 15 - 19

Week 4

JULY 22 - 26

Week 5

JULY 29 - 2

Week 6

AUGUST 5 - 9

Week 7

AUGUST 12 - 16

Week 8

AUGUST 19 - 23

Week 9

AUGUST 26 - 30

LIMITED NUMBER OF SPACES

Early Bird Registration

1/2/24-3/1/24

\$30 per week per child deposit

Register during Early Bird to be entered into a drawing for a FREE week of camp and other early bird prizes

Financial Aid is Available, DSS and camp vouchers are accepted.

JOIN US FOR THE BEST SUMMER EVER!

- Free Breakfast/Lunch
- Hands-on exploration and skill building
- Active Play
- Social-Emotional growth
- Strong role models
- Emphasis on positive relationships/Teambuilding

YMCA SUMMER REC

The YMCA Summer Camp program is based on the philosophy of structured and safe play in a fun and nurturing environment that is welcoming for all children. Daily schedule includes sports, swimming, arts and crafts, fellowship, games, themed activities, weekly trips, special guests, and so much more.

Batavia Summer Rec

AGES

Completed Kindergarten –
14 years old

TIME

9:00am-4:00pm

DATES

July 8th - August 16th

LOCATIONS

Farrell Park
John Kennedy School
Lambert Park
Williams Park

REGISTRATION

April 20th at YMCA

Oakfield Summer Rec

AGES

Entering Kindergarten – 13
years old

TIME

9:00am-1:00pm

DATES

July 15th – August 16th

LOCATIONS

Oakfield Town Park

REGISTRATION

April 20th at Oakfield Town
Hall

Geneseo Summer Rec

AGES

Entering 1st grade –
12th grade

TIME

9:00am-1:00pm

DATES

TBD

LOCATIONS

Highland Park
**Wrap Around Care is
available*

REGISTRATION

April 15th

York Summer Rec

AGES

Entering 1st grade –
12th grade

TIME

TBD

DATES

TBD

LOCATIONS

York Central School

REGISTRATION

Details to Come



2024 Strong Communities Campaign

Part of the Y's charitable mission is the philosophy that we never turn away someone with an inability to pay for membership or programs. Through the Strong Communities Campaign, we help subsidize scholarships for youths, teens, adults, families and seniors in our community.

- **Our goal is to raise \$50,500**
- **Our campaign runs from 1/15- 6/10**
- **We want to positively impact at least 800 people's lives in the Genesee Community.**

Charitable gifts from YMCA donors help make it possible for kids to have a safe place to learn and build confidence; for families to reconnect and grow together; and/or seniors to have a safe and supportive place to gather to stay socially and physically engaged.

Please consider a gift to support us in achieving this goal and making our community stronger for all.

To make a gift, contact Josh Bender, Executive Director
at 585.344.1664 or online at www.glowymca.org under the **"GIVING"** tab.