

WYOMING COUNTY YMCA PERRY SUMMER REC 2025 PARTICIPANT FORMS







CAMP PACKET CHECKLIST – ALL COMPONENTS MUST BE COMPLETED PRIOR TO TURNING IN

- _____PARTICIPANT PROFILE (DUE BY JUNE 20, 2025)
- Participant Health Form to be filled out AND signed by doctor (Due by June 20, 2025)
- IMMUNIZATION RECORDS (DUE BY JUNE 20, 2025)
- ______FIRST WEEKS PAYMENT (DUE WITH REGISTRATION)
- PAYMENT/SUBSIDY AGREEMENT (DUE WITH REGISTRATION)
- _____ACKNOWLEDGEMENT OF PAYMENT AGREEMENT (DUE WITH REGISTRATION)
- _____INFLATABLE WAIVER (DUE WITH REGISTRATION)
- _____BEHAVIOR AGREEMENT (DUE WITH REGISTRATION)
- PRE-REGISTRATION WEEKS AND DEPOSITS

PAYMENT AGREEMENT:

- We encourage you to pre-register your weeks. The past few summers there many weeks when we
 were at or very close to capacity. To pre-register we will require a \$25 non-refundable deposit per
 child per week. This deposit will be subtracted from your balance due for each week. There are no
 discounts for deposits for scholarship, dss recipients or 2ND child.
- ALL MULTIPLE WEEK ATTENDEES MUST HAVE A CREDIT CARD ON FILE FOR WEEKLY PAYMENTS. PAYMENTS ARE DUE BY 7:00 PM ON FRIDAYS TO THE YMCA. NO PAYMENTS WILL BE ACCEPTED AT PROGRAM. ANY PAYMENT RECEIVED ON SATURDAY AFTER THE FRIDAY DEADLINE, PRIOR TO THE WEEK ATTENDING, <u>WILL</u> RECEIVE A \$20 LATE FEE. NO REGISTRATIONS WILL BE ACCEPTED AFTER 12:00 PM ON SATURDAYS AND <u>NO CHILD WILL BE ALLOWED TO ATTEND PROGRAM ON MONDAY MORNING WITHOUT HAVING</u> BEEN REGISTERED BY THE SATURDAY DEADLINE.
- No One will be allowed to attend program if their paperwork is not turned in to the YMCA by Friday June 20th or the Wednesday before the intended week of attendance. NO PAPERWORK WILL BE ACCEPTED AT PROGRAM.

| PARTICIPANT NAME: | BIRTHDATE: |
|----------------------------|------------|
| Parent/Guardian Signature: | Date: |

PAYMENT/SUBSIDY AGREEMENT

- I AM RESPONSIBLE TO MAKE TIMELY PAYMENT FOR MY CHILD(DREN)'S CAMP
- FULL PAYMENTS WILL BE MADE IN ADVANCE OR BY THE FRIDAY BEFORE EACH WEEK OF CAMP

| WEEK 1 | June 30-july 3 | due by June |
|--------|-----------------------|------------------|
| WEEK 2 | JULY 7-JULY 11 | DUE BY: JULY 4 |
| WEEK 3 | July 14 – July 18 | DUE BY JULY 11 |
| WEEK 4 | JULY 21 – JULY 25 | due by july 18 |
| WEEK 5 | JULY 28 – AUGUST 1 | DUE BY JULY 25 |
| WEEK 6 | AUGUST 4 – AUGUST 8 | DUE BY AUGUST 1 |
| WEEK 7 | AUGUST 12– AUGUST 16 | DUE BY AUGUST 8 |
| WEEK 8 | AUGUST 18 – AUGUST 22 | DUE BY AUGUST 15 |
| | , | ` |

- IF APPLICABLE, THE LATE FEE **MUST** BE PAID BEFORE YOUR CHILD(REN) MAY ATTEND PROGRAM.
- I UNDERSTAND THAT IF I RECEIVE ASSISTANCE THROUGH A THIRD-PARTY SUCH AS THE DEPARTMENT OF SOCIAL SERVICES, IT IS MY RESPONSIBILITY TO FILE THE APPROPRIATE PAPERWORK TO THAT AGENCY AND WILL INFORM THE YMCA OF MY SUBSIDY PLAN. A COPY OF THE APPROVAL LETTER MUST BE SUBMITTED AS WELL.

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- I UNDERSTAND THAT MY SUBSIDY PLAN MAY BE BASED ON THE NUMBER OF HOURS ATTENDED THROUGH CARE. IF I DO NOT MEET THE REQUIRED NUMBER OF HOURS IN ATTENDANCE, I AS THE LEGAL GUARDIAN WILL BE RESPONSIBLE FOR MAKING THE REMAINDER OF THE PAYMENT OWED.
- IF MY CHILD HAS ATTENDED PROGRAM AND MY SUBSIDY CARE PLAN EXPIRES OR IS NOT APPROVED, I WILL BE RESPONSIBLE TO PAY THE AMOUNT OWED FOR THE TIME MY CHILD ATTENDED CARE.

| Participant Name: | BIRTHDATE: |
|-------------------|------------|
| | |

WYOMING COUNTY YMCA DAY CAMP PROGRAM PARTICIPANT PROFILE – SUMMER 2025

| WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 | WEEK 5 | WEEK 6 | WEEK 7 | WEEK 8 |
|---------------------------------------|--------------------------------|--------------------------|--------------------------|---------------------------|----------------------------|------------------------------|------------------------------|
| JUNE 30TH TO JULY 3 (4 DAYS) | זענע 7 דס זענע 11 | JULY 14 TO JULY 18 | JULY 21 דס JULY 25 | JULY 28 TO AUGUST 1 | AUGUST 4 TO AUGUST 8 | August 11 to August 15 | August 18 to August 22 |

PRICING: PERRY REC IS A 5 DAY WEEK THIS YEAR WEEK 1:\$120 FOR ALL

WEEKS 2-8

\$130 PER WEEK FOR VILLAGE

\$150 PER WEEK FOR TOWN/NON RESIDENTS

CHILD AND FAMILY INFORMATION

| Child's Name: | | Date of E | Birth: | Age: | Gender: Male Female | School/Grade in Fall 2022: |
|-------------------------|----------------------------|-----------|-----------|----------|------------------------|--|
| Address: | | Town | | State: | Zip code: | |
| Child's Nickname: | Child lives with: | Email ad | dress: | <u> </u> | | Known Allergies: |
| Parent's Name: | Home Phone: Cell Phone: | | Date of B | irth: | Relationship: | Emergency Contact Pick Up Authorization |
| Parent's Name: | Home Phone: Cell Phone: | | Date of B | irth: | Relationship: | Emergency Contact Pick Up Authorization |
| Emergency Contact Name: | Home Phone: Cell Phone: | | Date of B | irth: | Relationship: | Emergency Contact Pick Up Authorization |
| Emergency Contact Name: | Home Phone: Cell Phone: | | Date of B | irth: | Relationship: | Emergency Contact Pick Up Authorization |

PARENT/GUARDIAN AGREEMENT

- In the event of an emergency, the YMCA will make every effort to contact me. If I cannot be reached, the YMCA is authorized to act for me according to their best judgment in an emergency requiring medical care or surgery. The physician selected may hospitalize, secure proper treatment for, order injection, anesthesia or surgery for my child. I am responsible for the cost of all medical treatment and care.
- ✓ I must notify the YMCA staff immediately of any changes on these forms.
- \checkmark YMCA staff and volunteers are not allowed to baby-sit or transport children at any time.
- ✓ The YMCA is mandated, by state law, to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.
- I have read the YMCA Summer Program Parent Guide associated with my child's program and shared it with my child and agree to these policies and procedures. My child will be expected to follow all Camp rules and regulations. Failure to abide by the Camp rules and regulation may result in expulsion from the program.
- My child has my permission to participate in walking field trips with the YMCA and to ride on vehicles as arranged by the GLOW YMCA for transportation to and from YMCA Summer Programs and scheduled field trips. Specifics will be posted weekly.
- ✓ I authorize the YMCA to apply sunscreen and bug repellant to my child.
- My child has permission to swim at YMCA Summer Programs. I understand that my child's swimming ability will be assessed by the Progressive Swim Instructor prior to participating in swimming activities and will be reassessed on a regular basis to ensure swimmer safety. My child will only be able to swim in areas deemed appropriate for their swimming ability by the Progressive Swim Instructor.
- The YMCA has my permission to use photographs of my child in promotional materials such as brochures, ads, YMCA website or newspaper releases. I will not be informed of or reimbursed for such photographs.
- The undersigned agrees to hold harmless the GLOW YMCA and/or its employees/agents as a result of their child's participation in the program except in the case of those incidents which are a direct result of gross negligence by the GLOW YMCA or its employees/agents.

 By signing this form, I agree that I have read this entire form and understand my responsibilities for my child's participation and conduct in YMCA programs and activities

MY SIGNATURE ACKNOWLEDGES MY UNDERSTANDING OF AND AGREEMENT TO THE ABOVE. MY SIGNATURE ALSO ACKNOWLEDGES THAT I HAVE READ THE PARENT INFORMATION PORTION OF THE PARENT PACKET.

| Parent/Guardian Name: | Parent/Guardian Signature: | Date: |
|-----------------------|----------------------------|-------|
| | | |

IN ADDITION TO THIS FORM, THIS PACKET CONTAINS THE FOLLOWING FORMS THAT MUST BE COMPLETED AND TURNED IN BY FRIDAY JUNE 21ST.

PARTICIPANT LIABILITY WAIVER – READ AND SIGNED BY PARENT/GUARDIAN – INCLUDED IN THIS PACKET PARTICIPANT HEALTH FORM – FILLED OUT BY PARENT/GUARDIAN AND SIGNED BY PHYSICIAN – INCLUDED IN THIS PACKET INDIVIDUAL STANDING ORDER FORM – FILLED OUT AND SIGNED BY PHYSICIAN – INCLUDED IN THIS PACKET IMMUNIZATION RECORDS – COPY PROVIDED AT CHECK-IN – PROVIDED BY PHYSICIAN

WYOMING COUNTY YMCA DAY CAMP PROGRAM

PARTICIPANT HEALTH FORM - TO BE COMPLETED BY PARENT/GUARDIAN

THE CHILD'S PHYSICIAN SHOULD COMPLETE BOTH SIDES OF THIS FORM. PLEASE NOTE THE NEED FOR PHYSICIAN'S SIGNATURE ON BACK SIDE OF THIS FORM. NOT ALL YMCA SUMMER PROGRAMS ADMINISTER MEDICATION, HOWEVER, IN THE EVENT OF AN EMERGENCY WE ASK THAT FAMILIES PROVIDE US THIS INFORMATION SO THAT WE CAN BEST CARE FOR YOUR CHILD.

PROGRAM PARTICIPANT HEALTH FORMS- TO BE COMPLETED BY PHYSICIAN

| Child Name: | Age: | Height: | Weight: | | | | |
|---|------------------------------------|---------|---------|--|--|--|--|
| Has your child been exposed to an infectious disease or had any major illness in the last month? No Yes | | | | | | | |
| If yes, Illness/Disease: | If yes, Illness/Disease: Symptoms: | | | | | | |
| Is the child covered by any hospitalization/medical care poli | cy? Yes No | | | | | | |
| Insurance Company: | | | | | | | |
| Card Holder: Policy/Group #: | | | | | | | |

| Child is looking forward to YMCA Program with? | Enthusiasm | Acceptance | Caution | Anxiety |
|--|---------------------|---------------------|------------------|--------------------------------------|
| How does your child feel and respond to going to so | chool? | | | |
| Does your child have any special talents, hobbies or | r special interests | 5? | | |
| How does your child express anger/frustration? Is t | there a form of d | iscipline (time-out | t is usually use | ed) that works best with your child? |
| Does your child have any fears? | | | | |
| Things I would like my child to accomplish at the YM | ICA program are | : | | |
| My child's swimming ability is: Afraid of water | Some Lesso | ons Confider | nt in Deep Wa | ter |
| Does your child have any emotional triggers that yo | ou are aware of a | nd what are they? | , | |
| Does your child have any special needs that require | any physical or b | oehavioral modific | ations? | |

| Have any significant events happened in your family in the last few years? | |
|--|--|
| Is there any other information you think is important for us to know about your child? | |

CAMPER HEALTH HISTORY

Please Check All That Apply.

| Asthma | Heart Defect/Disease | Frequent Ear Infections | Allergies: |
|--------------------|----------------------------|-------------------------|------------|
| Convulsions | Bleeding/Clotting Disorder | Neurological Disorders | Dental: |
| Diabetes | Hearing Problems | ADD/ADHD | Other: |
| Emotional Disorder | Vision Problems | Illness: | Other: |

ADMINISTRATION OF PRESCRIPTION MEDICATIONS TO CHILD

PLEASE COMPLETE WITH PATIENT'S CURRENT/SUMMER REGIMEN FOR BOTH SCHEDULED AND PRN MEDICATIONS.

| Drug Name | ROUTE (PLEASE INDICATE PREFERRED FORMULATION) | Dosage | SCHEDULE & INDICATIONS (PLEASE CIRCLE ALL THAT APPLY) | Healthcare Provider Order (please circle one) |
|-----------|---|--------|---|---|
| | | | | |
| | | | | |
| | | | | |

Physician's Signature on bottom of reverse side authorizes all medical information on both sides of this form.

INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF

NOT ALL YMCA SUMMER PROGRAMS ADMINISTER MEDICATION OR HOUSE MEDICATIONS. HOWEVER, IN THE EVENT OF AN EMERGENCY WE ASK THAT FAMILIES PROVIDE US THIS INFORMATION. THE FOLLOWING MEDICATIONS MAY BE AVAILABLE AND WILL BE ADMINISTERED AT THE DISCRETION OF THE YMCA NURSE/MAT/HEALTH CARE PROVIDER AS INDICATED.

| CHILD NAME: | | AGE: | WEIGHT: | Неіднт: |
|----------------------------|---|-----------------------------|--|---|
| DRUG NAME | ROUTE (PLEASE CIRCLE PREFERRED FORMULATION) | Dosage | SCHEDULE & INDICATIONS (PLEASE CIRCLE ALL THAT APPLY) | HEALTHCARE PROVIDER ORDER (PLEASE CIRCLE) |
| Sun Screen Lotion/Spray | Topical | As per package instructions | As needed | Yes No |
| Insect Repellant | Topical | As per package instructions | As needed | Yes No |
| Antiseptic Ointment | Topical | As per package instructions | Minor wound care Other: | Yes No |
| Anti-itch Ointment | Topical | As per package instructions | Rashes insect bites Other: | Yes No |
| Anti-Sting Ointment | Topical | As per package instruction | Insect bites Other: | Yes No |
| Antibiotic Ointment | Topical | As per package instruction | Minor wound care Other: | Yes No |

| Sunburn Relief Ointment | Topical | As per package instructions | Sunburn Other: | Yes | No |
|----------------------------|--------------------|-----------------------------|--|-----|----|
| IBUPROFEN | Oral | As per package instructions | Pain; swelling; fever Other: | Yes | No |
| Acetaminophen | Oral | As per package instructions | Pain; swelling; fever Other: | Yes | No |
| Anti-fungal Cream | Topical | As per package instructions | Athletes foot Other: | Yes | No |
| Antacid/ Antiemetic | Oral | As per package instructions | Nausea; diarrhea Other: | Yes | No |
| Swimmer's Ear Drops | Topical | As per package instructions | Ear pain after swimming Other: | Yes | No |
| Eye Drops | Topical | As per package instructions | Eye irritation; allergies Other: | Yes | No |
| Hydrocortisone 0.5% | Topical | As per package instructions | Rashes; insect bites; poison ivy Other: | Yes | No |
| Cough Syrup | Oral | As per package instructions | Coughing Other: | Yes | No |
| LAXATIVE | Oral | As per package instructions | Constipation Other: | Yes | No |
| Antihistamine | Oral or Topical | As per package instructions | Swelling Hives; allergic reaction; nasal congestion; Other: | Yes | No |
| Anti-diarrhea | Oral | As per package instructions | Diarrhea Other: | Yes | No |
| LICE TREATMENT | Topical | As per package instructions | Detection Other: | Yes | No |

| Health Care Provider Name: | | | | | |
|--|--------|-------|--|--|--|
| Address: | | | | | |
| City: | State: | Zip: | | | |
| License Number: | Phone: | Fax: | | | |
| As requested by the patient and as mandated by New York State Department of Health, a dated and/or current copy of immunizations/shot records is attached Physician Initials | | | | | |
| Physician Signature: | | Date: | | | |

YMCA Kid's Gym, Inflatable, Camp Hough and Red Pines Participant Waiver

Although we strive to make all activities as safe as possible, activities of this nature do come with some element of risk. This waiver ensures that we have contact information for you and/or your child and you are aware of these risks. Please fill this out completely, if you have any questions, please contact the YMCA.

| Participant Name | | DOB | | |
|--------------------------------|-----------------|-------|-----|--|
| Parent/Guardian Name (Printed) | | | | |
| Address | City | State | Zip | |
| Home Phone | Emergency Phone | | | |

MEDICAL PROFILE - I recognize that the Kid's Gym climbing elements and Inflatables are physically strenuous endeavors requiring my child to be in good physical condition. I hereby certify that he/she does not suffer from any physical or mental infirmities or illnesses which would affect his/her ability to engage in climbing activities. I further certify that if my child is on any regular medication I will discuss this medication with the YMCA/Kid's Gym staff. If they are now under the treatment for any infirmity or illness I will detail it in the space provided and speak to a YMCA staff person.

| Parent/Guardian Signature | Date | |
|---------------------------|------|--|

ACKNOWLEDGMENT OF RISK & ASSUMPTION RESPONSIBILITY - I understand that during my child's participation in a Kid's Gym activity he/she may be exposed to physically stressful and challenging situations. I understand that although the program has taken precautions to provide proper organization, supervision, instruction and equipment it is impossible for the program to guarantee absolute safety. I waive any claim that may arise against the GLOW YMCA and or its employees as a result of my child's participation in the program, except those which are a direct result of the negligence by the GLOW YMCA or its employees. I have accepted responsibility for verifying my child's personal health and medical history on the top of this sheet. In so doing I state that my child has no physical or psychological problems that would prohibit participation in this program. I also understand that I share responsibility for safety and I assume that responsibility.

I acknowledge that there can be no guarantee of safety against risk and unforeseen accident as detailed above. I consent to the participation of the above named participant in the experiential program. I also authorize the treatment of him/her by a licensed medical doctor in the event of an emergency. This authority is granted only after a reasonable effort has been made to contact me. Further I wave any claim that may arise against the GLOW YMCA and or its employees, its employees, directors, and agents and other participants as a result of my participation in the program, except those which are a direct result of the negligence by the GLOW YMCA or its employees, its employees, directors and agents and other participants.

| Parent/Guardian Signature | _ Date |
|---------------------------|--------|
|---------------------------|--------|



FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

GLOW YMCA SUMMER PROGRAMS Behavior Agreement

Participant:

- 1. I will obey the rules of the YMCA summer program.
- 2. I will do my best to be Caring, Honest, Respectful, and Responsible while attending the YMCA Program.
- 3. I will respect <u>everyone</u> who attends the YMCA summer program. This includes the staff and other children attending the program. I will also respect their property and the building which the program is in.
- 4. I understand that the YMCA program does not allow swearing, talking back, or physical harm/fighting.
- 5. I understand that if I do not follow these rules, my parents will be called to pick me up.
- 6. If this behavior continues when I return, I understand that there will be further consequences up to and including removal from the program.
- 7. I understand and agree with the rules listed above and will try my very best to follow these rules while at the YMCA program.

Participant Signature

Date

Parent/Guardian:

I have discussed the above guidelines with my child. My child and I fully understand that I will be called to pickup my child if they do not follow the agreement.

Parent/Guardian Signature

Date



PARENT GUIDE TO PERRY REC 2025

Welcome to Y Summer Rec. We have a fantastic summer planned for your children and believe that the Y offers the perfect environment for your child to develop character skills, build meaningful friendships and instill values that will last a lifetime. We recognize how important it is to provide a fun, safe and enriching summer opportunity for your child and thank you for entrusting your children with us.

In this guide you will find all the necessary information and forms that you will need to prepare yourself and your child for the summer day camp experience. Please read over the information carefully as some of it has changed from years past. Of course, if you have any questions, please feel free to contact the Wyoming Counting YMCA and we will gladly answer your questions.

Please note your child must be fully potty trained to attend program. We are not allowed to assist with changing or wiping due to regulations!

REGISTRATION INFORMATION

Fees and Payments

The following describes the steps necessary to register your child for one of our summer camp programs.

- 1. Fill out a registration form for each child. You may register for multiple weeks.
- Fill out the necessary forms and waiver (attached to this packet), and return it to the Y by Friday June 20th. Please be sure to note that <u>your Physician will need to sign the Health Form and the Individualized Standing Order Form</u> as well as provide a copy of your child's immunization record.
- 3. Each additional week must be paid in full by the Friday prior to the start of the session. Failure to register your child by the Friday prior WILL result in a late fee charge of \$20 per child. Your child will be ineligible to attend that session of camp if payment is not made by the deadline or late payment is made. Payments may be made at the YMCA with cash, check, visa or master card. Phone payments may be made with Visa or MasterCard.

Parents are responsible for payment if their child does not attend the program on their scheduled day(s).

REQUIRED WAIVERS AND FORMS

The following forms need to be filled out completely and returned to the Y by **Friday June 21st**. or the Friday before the intended session. We encourage you to make a photocopy of each form for your own records. **Children will not be admitted to Rec without completed paperwork.** If your child is attending more than one session of Rec or attending another GLOW YMCA program, you need to only fill out one set of forms. All information in your child's record is privileged and confidential and will not be released without your written consent.

- **PROGRAM PARTICIPANT PROFILE AND PARTICIPANT LIABILITY WAIVER** Please note that it is the responsibility of the child's parent/guardian to provide for the child's own accident and health coverage while participating in activities with the GLOW YMCA. Any changes in pickup authorization, address, work or home phone numbers, emergency contacts etc., need to be given to the Rec Director as soon as possible.
- **PROGRAM PARTICIPANT HEALTH FORM AND INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF OVER-THE-COUNTER MEDICATION** - This form provides important medical information. Please note that this two-page form requires a physician's signature in <u>one</u> place and a current copy of your child's immunizations/shot record.

2025 Y REC GENERAL INFORMATION

Recreation Hours

Hours are from 7:30-5:00 pm located at the Perry Village Park. Planned programming begins each morning at 9:15am with morning announcements and any necessary daily information. Whenever possible, please make an effort to have your child here by 9:15 am to assure they do not miss out on any of the day's activities!

Late Fees and Pick-up Policy

On certain occasions when a parent must be late the YMCA has established these firm policies:

- Parents must call the Y staff to let them know what time they can be expected to arrive or to inform them of alternate transportation arrangements that have been made.
- Parents will be **assessed a Late Fee of one dollar per child per minute** after 5:00pm. The clock at the program site will be used to determine the Late Fee charge. Late Fees will need to be paid before your child is able to attend program the next day.
- In the event that the Y does not receive a prior phone call from the parent, the following procedures will be immediately implemented:
 - 1. A staff member will try to contact the child's parents
 - 2. If contact cannot be made, a staff member will call the emergency contact list to arrange pick up.

3. If one hour late from official closing time and contact cannot be made to the child's parents or emergency contacts, a call will be placed to the Child Protective Services as to what further arrangements are necessary.

Attendance and Authorization

The Y is responsible for all registered campers each day.

- If your child is not going to attend rec, please call the Rec site phone number to report the absence. This is the same policy you follow during the school year. Please call before the 9:00 am start time.
- Every morning a parent/guardian must walk the camper into the building and sign the camper in.
- Parents, or designated persons picking up children, must enter the building with photo identification.
- Children must be signed out by a parent/guardian, or authorized adult 16 years of age or older whose name appears on the Authorized Pick-up portion of the Participant Profile.
- If at any time someone other than the person designated on your release form is picking up your child; it is necessary to
 fill out the Additional Authorized Pick-up Form at least 24 hours in advance. In the case of a last minute pick-up change
 please call the rec phone and notify the site director. The pick-up person must have photo identification. No child will
 be released without prior notification of pick-up change and photo identification.
- Any youth **10 years old or older** that walks, rides a bike, or takes the bus to or from camp needs to have a signed form on file with us granting parental permission.

Emergency Communication

In case of medical or family emergency, contact your Arcade Rec Director by calling the Y at 585-786-2880 or the site phone, which the director will give you on the first day you attend.

Telephone Contact

Parent/guardians may contact the Rec Director at any time to discuss their child's experience. YMCA Rec programs have a "no-cell phone" policy for participants at camp. In return for helping us be cell-phone-free, we agree to tell you if your child is experiencing a challenge in their adjustment to the YMCA program. We would strongly prefer that you don't allow your child to bring their phone to Camp. If they do bring them, they will not be allowed out of their bags.

REC PROGRAM INFORMATION

Participant Expectations

Sharing and group work are an integral part of our Y programs. Each day, participants are given opportunities to demonstrate leadership skills and challenge themselves with new activities. Rec is physically active, with long days; participating fully is important and expected at the Y. The staff makes every effort to ensure rec is a fun, enjoyable experience. However, there will be times each day that participants will be asked to help with small tasks to keep our program safe and enjoyable. These tasks help to instill a sense of ownership and develop values in our participants that can be translated into school and home life.

Behavioral Expectations

Campers are expected to act as they would in a normal school day. Following directions, treating others fairly and respectfully and obeying rules are necessary. Please be certain to explain to your children that while rec is meant to be a fun experience, their best behavior is still expected. Rec staff will enforce discipline when needed, refunds will not be granted for children who are removed from the program for behavioral reasons.

Termination

If a child poses a threat to, or physically/mentally harms another child, the following disciplinary actions will be followed and documented:

- 1) Warning with a "time-out"; parent/guardian notified of the incident that day.
- 2) Meeting will occur with the child, parent/guardian, Rec Site Director and the Administrator.
- 3) Strike 3 The child will be asked to be removed from the program for the remainder of the summer.

Please know that if a situation occurs which is severe enough to remove your child from the program, they will be terminated without having to follow the 3 disciplinary steps listed above.

Group Assignments

Throughout the week, there are occasions when participants are placed in groups with children of the same age, same gender, in a big brother/big sister role or activity interest. Participants have the opportunity to participate in a variety of interesting, age-appropriate and mission driven activities led by our trained Y Staff Team.

Special Events and Weekly Themes

Each week of rec will have a special theme day and a selection of activities.

Swimming

Swimming will resume at the school pool this summer. We will provide you with specific details once they are in place.

Lunch

Each child must bring a lunch and snack daily. **Please do not pack soda**. Please keep in mind that we have limited refrigerator space, we suggest that children use a lunch box that is insulated and pack frozen drinks like juice boxes. Multiple water bottles are encouraged for children to stay hydrated throughout the day.

Clothing and Equipment

Be aware that rec is hard on clothing and equipment due to our very active days. We recommend against bringing new and/ or expensive clothing or other items. Socks and sneakers should be worn daily. All personal belongings should be plainly and BOLDLY marked for easy identification and are ultimately the responsibility of the camper. Unclaimed lost and found property will be kept for one week and then donated to various local charities.

PLEASE DO NOT BRING: Pocketknives, trading cards, candy, pop, cellular phones, cash, electronic games, music players and/or other electronic devices.

Daily recommended items:

- Jacket
- Swimming Suit & Towel
- Water Bottles

- Hat
- Sneakers & Socks
 - Backpack

Sunscreen

Rec WELLNESS PLAN

Health Care Policies

Each child must have an up-to-date Participant Profile form on file. Children who become ill or are suspected of having a communicable disease may not remain in the program. They will be isolated from the other children; parents or an emergency contact will be called and asked to come pick up their child immediately. Children who are sent home due to sickness cannot return to camp for 24 hours or until they have no signs of illness. The guidelines listed below have been set up and will be followed unless your physician states in writing that your child may attend. Please refrain from sending your child to camp if any of the following are observed:

• Pink Eye

• A temperature of 101 or above

- Impetigo
- Head Lice

- Severe Cold with a Fever
- Any contagious disease

Ring Worm

Vomiting

Participant Medication

Upon arrival at the YMCA, all medications - **both prescription and nonprescription** - will be collected. Prescription medications can only be self-administered according to the directions on the label. Please make an effort to administer morning and evening meds at home to help limit the amount of self-administration needed at rec.

The state requires that all medications be in its *original* bottle. Please send only medications that your child takes on a regular basis. To help out, put your child's medication bottles in a zip-lock bag and write your child's name and week number/dates in permanent marker. Prescribed medication must be clearly marked with: child's name, directions for administration, name of medication and name and phone number of physician. If your child requires an asthma inhaler or a bee sting kit, their counselor will be able to carry one. It is *highly* recommended that you send a second or even third one that can be kept at the YMCA as a back-up. Based on program location, an additional form may be required.

Please be sure to contact the Y with any questions you may have about our program. We look forward to having your child attend our Summer Rec program!

Have a Great Summer!

Y Rec Staff