



Genesee County YMCA

Summer Session I

Program Guide

June 29, 2025 – July 26, 2025

Member Registration: 6/2/25

Non-Member Registration: 6/16/25



WELCOME TO

Genesee County YMCA

For Community

Welcome to the Y. We're an inclusive organization of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

Letter from the Executive Director,

Summer is just around the corner, and we're excited to share our 2025 Summer Program Guide with you!

At the Y, we believe summer should be a time for exploration, connection, and fun, and our new guide is packed with programs and activities designed to help you and your family make the most of the season. Whether you're interested in youth sports, swim lessons, wellness classes, family events, or outdoor adventures, there's something for everyone to enjoy.

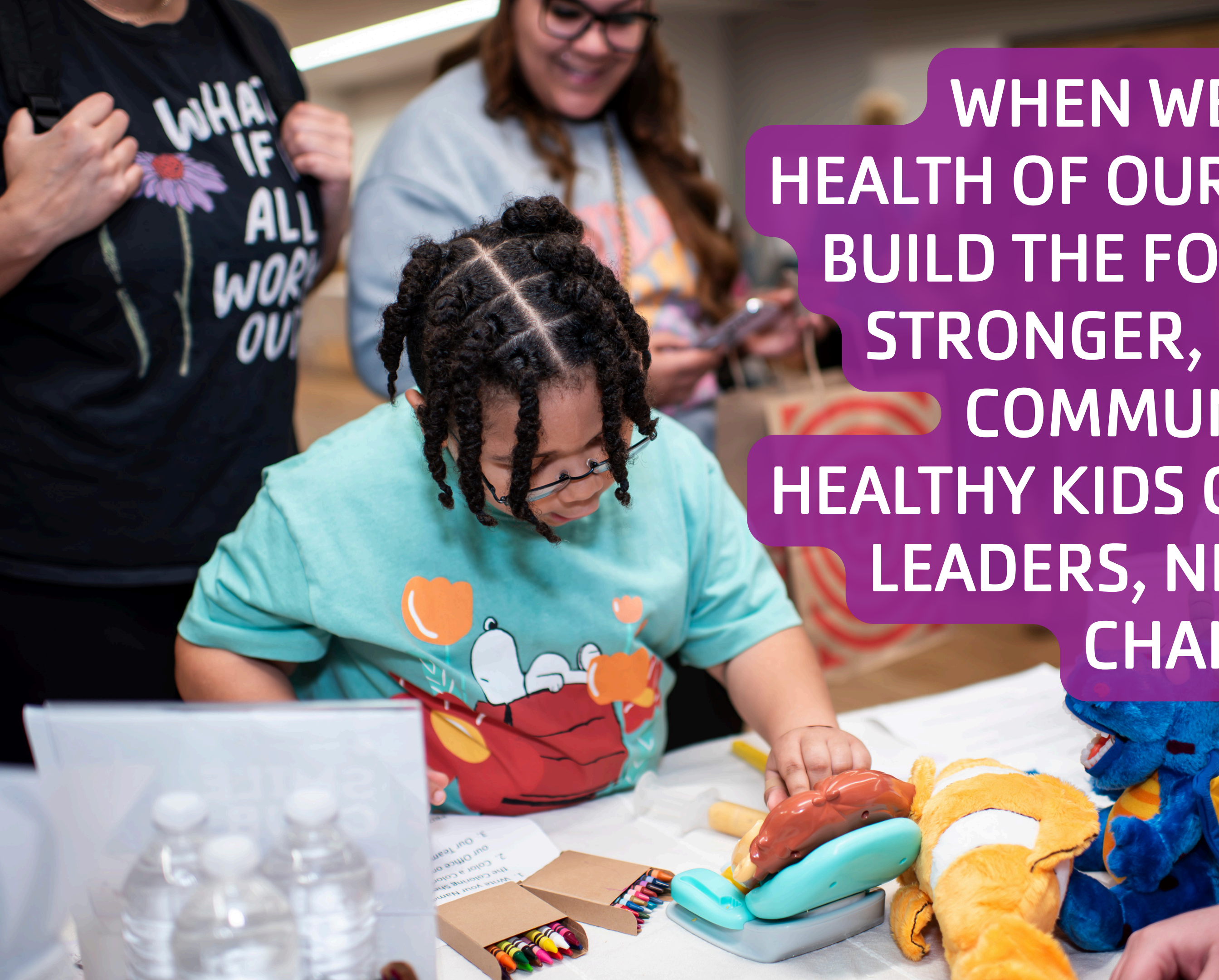
Our programs are built around the YMCA's core values – caring, honesty, respect, and responsibility, and are led by dedicated staff committed to creating a safe, inclusive, and enriching experience for all participants.

We invite you to take a look through the guide and discover everything we have to offer. Spots fill quickly, so be sure to register early and secure your place in the fun!

Thank you for being a valued part of our YMCA community. We can't wait to spend the summer with you!

With gratitude,

Josh Bender
Executive Director



WHEN WE INVEST IN THE
HEALTH OF OUR CHILDREN, WE
BUILD THE FOUNDATION FOR
STRONGER, MORE VIBRANT
COMMUNITIES BECAUSE
HEALTHY KIDS GROW INTO THE
LEADERS, NEIGHBORS, AND
CHANGEMAKERS OF
TOMORROW.

Healthy Kids Day
2025

Youth Programing

TAEKWONDO

Tae Kwon Do is a Korean martial art focusing on self-defense with hands and feet, enhancing coordination, strength, and confidence. Classes involve stretching, exercises, fighting patterns, unarmed sparring, and its philosophy. Recommended for ages 8 and up.

Member: \$40

Non-Member: \$65

**Time: Monday & Wednesday
4:15 – 5:15 PM**

GLOW ALL-STARS

This Sport Sampler Class for older kids (ages 8-14) offers a fun way to learn various sports and physical activities. It builds on the Glow Getters program, emphasizing teamwork, sportsmanship, and enjoyment in play.

Member: \$40

Non-Member: \$65

**Time: Wednesday
6:30–7:30 PM**

GLOW GETTERS

This Sport Sampler Class for children ages 3-7 introduces kids to various sports and activities, fostering motor skills, coordination, and teamwork in a fun, playful environment.

Member: \$35

Non-Member: \$60

**Time: Wednesday
5:30–6:15 PM**

Riptide Summer Swim Team

June 2nd–August 8th

Two Team Options

Wave Runner– is perfect for swimmers looking for a fun, non-competitive experience. Practices will continue to run twice a week on Tuesdays and Thursdays, 4:00–5:20pm

\$200– Members, \$275–Non-members

Surge (must meet time standards)– For swimmers ready to take their training to the next level, we are thrilled to introduce Surge. Surge practices will be held three times a week, M,W,F, 4:15–5:45 pm with swimmers also having the opportunity to participate in USA Swimming Long Course meets throughout the summer.

\$250– Members, \$325– Non-members.

***Take advantage of our FREE 2 week trial**

Not ready to commit? Try the team for 2 weeks for free. If interested email Emily Hirsch at ehirsch@glowymca.org

Challenger Baseball

Join us for 4 weeks of baseball fun designed for athletes of all abilities! The season kicks off with a special day hosted by the Batavia Muckdogs, making it a memorable start to a month of excitement, teamwork, and community spirit.

First Day: July 12th, 10 AM – 12 PM Dwyer Stadium with the Batavia Muckdogs

Following Sessions: Every Saturday from July 19th to August 2nd

Time and Location: 10 AM – 11 AM, Williams Park

Members – Free, Non-Members – \$10

*Registration required

Interested in volunteering? Contact Emily Hirsch via ehirsch@glowymca.org



Trainings and Certifications

LIFEGUARDING COURSE

This American Red Cross Blended Learning Lifeguard Course combines online coursework with in-person, instructor-led sessions to train participants in lifeguarding, CPR, AED, and first aid. Upon successful completion, participants receive a Lifeguarding certification valid for two years. Must be 15 years or older.

**When: August 1st- 6:00p-8:30p
August 2nd & 3rd - 8:00a-5:00p
Cost: \$240**

CPR, AED & FIRST AID

This Health & Safety Institute (HSI) CPR, AED, and First Aid Class is teaches individuals lifesaving skills for responding to medical emergencies. The course covers CPR for all ages, the use of an AED, and basic first aid techniques. . Upon successful completion, students may receive a certification valid for 2 years.

**When: June 9th 5:30-8:00p
Or July 14th 5:30p-8:00p
Or August 11th 5:30p-8:00p
Cost: \$65-Members, \$80-Non-members**



SWIM LESSONS FOR ALL AGES AND ABILITIES

At the Genesee County YMCA, we offer a variety of swim lessons to help swimmers of all ages and skill levels develop confidence and proficiency in the water. Whether you're starting with the basics or preparing for a swim team, our lessons are designed to build essential skills in a fun and supportive environment. Explore our options below to find the perfect class for you or your child.



Water Discovery

Infants and parents work to adjust to the water and develop basic skills. Based on age, games and songs will be used to learn how to blow bubbles, kick, enter and exit the pool, and submerge their face in the water.

Water Exploration

Parent/Child class with instructor interaction. Helps toddlers learn basic water skills. Use of independent flotation devices is optional.

Stage 1

This is a beginner level for children. This level allows children to become acquainted with the pool, the use of flotation devices, and basic skills.

Stage 2

Children continue to practice and build upon basic skills, now performing more skills with limited aid of a flotation device. Elementary backstroke is introduced.

Stage 3

This is the initial intermediate level. Children must be able to swim 1 length of the pool. Strokes will continue to be refined, breaststroke is introduced.



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Stage 4

In this level, students work to further improve the crawl stroke, elementary backstroke, back crawl, and side stroke.

Swim Team Prep

This class focuses on building endurance and stroke technique. This is a great class for those interested in swim team.

Private & Semi-Private Lessons

A chance to have 1 on 1 or small group swim instruction based on individual skills and needs. Individually Scheduled.

Diverse Abilities

The YMCA offers swimming lessons for all skill levels and needs, including those with special requirements like autism and physical disabilities. Lessons, available for all ages from infants to adults, are customized for each participant, with instructors maintaining close communication with parents to meet agreed-upon goals.

SWIM LESSONS

CLASS	AGE	DAY	TIME	MEMBER	NON-MEMBER
Water Discovery	6mos-18mos	Saturday	9:30am	\$40	\$65
		Thursday	5:30pm	\$40	\$65
Water Exploration	18mos-36mos	Thursday	6:05pm	\$40	\$65
		Saturday	10:10am	\$40	\$65
Stage 1	3-12 YEARS	Tuesday	5:30pm	\$45	\$70
		Thursday	6:10pm	\$45	\$70
		Saturday	9:30am, 10:10am, 10:50am	\$45	\$70
Stage 2	3-12 YEARS	Tuesday	5:30pm, 6:10pm	\$45	\$70
		Thursday	5:30pm, 6:10pm	\$45	\$70
		Saturday	9:30am, 10:10am, 10:50am	\$45	\$70
Stage 3	3-12 YEARS	Tuesday	6:10pm	\$45	\$70
		Thursday	5:30pm	\$45	\$70
		Saturday	10:50am	\$45	\$70
Diverse Abilities	All Ages	Tuesday	5:30-6:15pm	\$45	\$70
		Wednesday	6:00-6:45pm	\$45	\$70



2025 – 2026
School Year

LEARN MORE



GLOWYMCA.ORG

Registration
Now Open!

**FIND YOUR AFTER
SCHOOL SPOT.
FIND YOUR Y.**

» ENROLL YOUR KID TODAY

For a better us.®

BASE: BEFORE & AFTER SCHOOL ENRICHMENT

Where and how children spend their time is vital to their growth and success. At the YMCA, our Before and After School Programs provide a safe, trustworthy setting where kids thrive.

- » Enriching Curriculum
- » Skill Development
- » Convenient & Consistent
- » Licensed Care

**TO LEARN MORE VISIT
GLOWYMCA.ORG/BASE**

Genesee & Livingston

Locations:

- Batavia
- Pembroke
- Elba
- Alexander
- LeRoy
- Wheatland–Chili
- Cal–Mum
- York
- Geneseo

Summer Rec

OUR OUTDOOR SUMMER RECREATION PROGRAMS ARE DESIGNED TO PROVIDE STRUCTURED, SAFE, AND ACTIVE PLAY IN A FUN AND WELCOMING ENVIRONMENT FOR ALL CHILDREN. EACH DAY IS FILLED WITH EXCITING ACTIVITIES, INCLUDING SPORTS, SWIMMING, ARTS AND CRAFTS, GAMES, THEMED ADVENTURES, OUTDOOR EXPLORATION, SPECIAL GUESTS, AND MORE!

Batavia

Ages: Completed Kindergarten – 14 years

Time: 9:00 AM – 4:00 PM

Dates: July 7 – August 15

Locations: John Kennedy School, Lambert Park, Williams Park

Registration Opens:
April 26 at the YMCA

Geneseo

Ages: Completed Kindergarten – 12th Grade

Time: 9:00 AM – 1:00 PM
Extended Hours Available
1:00 PM – 4:00 PM

Dates: June 30 – August 8

Location: Highland Park

Registration Opens:
April 7

Oakfield

Ages: Entering Kindergarten – 13 years

Time: 9:00 AM – 1:00 PM

Dates: July 14 – August 15

Location: Oakfield Town Park

Registration Opens:
May 5 at Oakfield Town Park

York

Ages: Completed Kindergarten – 12th Grade

Mon – Thur: 9:00 – 12:00
Fri: 10:00 – 1:00

Dates: July 7 – August 8

Location: York Elementary School Playground

Registration Opens:
April 14

Parent's Night Out

FUN FOR KIDS, FREE TIME FOR YOU!

Need a night off? Drop your kids off at the Y for Parent's Night Out, held every first Friday of the month! While you enjoy a well-deserved break, your little ones will have a blast with games, crafts, and fun activities in a safe, supervised environment. Spaces fill up fast – reserve your spot today!

**Member: \$20 for the first child,
\$17 for each additional sibling**

**Non-Member: \$30 for the first child,
\$27 for each additional sibling**

Time: 5:30 PM – 8:00 PM

COMING UP

Carnival – June 6th

**Join us for games and
fun as we end the
school year!**



Have Your
Birthday
at the **Y!**

Party Packages

- Basic Room Rental
- Adventure Room Party
- Swim Party
- Basketball Party
- Combo Package: Two activity options + Community Room

Visit glowymca.org for more information.





STRONG COMMUNITIES CAMPAIGN

2025

Part of the Y's charitable mission is the philosophy that we never turn away someone with an inability to pay for membership or programs. Through the Strong Communities Campaign, we help subsidize scholarships for youths, teens, adults, families and seniors in our community.

- **Our goal is to raise \$70,000**
- **Our campaign runs from 1/15– 6/10**
- **We want to positively impact at least 800 people's lives in the Genesee Community.**

Charitable gifts from YMCA donors help make it possible for kids to have a safe place to learn and build confidence; for families to reconnect and grow together; and/or seniors to have a safe and supportive place to gather to stay socially and physically engaged.

Please consider a gift to support us in achieving this goal and making our community stronger for all.



THANK YOU FOR YOUR SUPPORT



GENERAL INFORMATION AND POLICIES

AGE REQUIREMENTS

All children 12 and under must be accompanied by an adult member and/or have a parent or guardian in the facility at all times while using the YMCA unless participating in a supervised youth program or activity.

WELLNESS CENTER

12 years: Wellness Consultation required, must be 5 feet tall (60 inches).

14 years: Wellness Consultation required, adult supervision is not required.

Must be 14 years old to participate in group exercise classes (land or water).

AQUATICS

The pool will close for 30 minutes after the last strike of thunder or lightning per the Health Department.

Infants and non-potty trained toddlers must wear a swim diaper.

CHILD WATCH

Drop off available for family membership categories. 1.5 hours per day for ages six weeks through twelve years.

CREDITS/REFUNDS

Refunds are available only with an accompanying signed medical release from your doctor. Prior membership dues can be refunded for a maximum of two months only. Credits may be applied to program fees or annual invoice membership dues and must be used within one year of issue. Gift Certificates are for GLOW YMCA programs or services only and cannot be redeemed for cash or refunded to a credit card. Note: a \$20.00 service charge will be assessed for any item returned to the YMCA, such as, but not limited to: insufficient funds, closed bank account number, invalid or incorrect credit card number.

GENERAL INFORMATION AND POLICIES

LOCKER ROOM USE

We offer three locker room facilities: Women/Girls, Men/Boys and Family.

LOCKERS

Lockers are available for **daily use only**. All participants are encouraged to bring a lock to lock their personal belongings. The YMCA is not responsible for unsecured or lost personal items. Items left overnight will be removed from lockers.

NO SMOKING POLICY

The GLOW YMCA is committed to providing and maintaining a safe and healthy environment for all members, volunteers, and staff. Therefore, smoking is prohibited throughout our YMCA facilities and grounds. We thank you for your cooperation.

MAKE-UP POLICY

There will be no make-up classes unless class is cancelled by the YMCA.

CELL PHONE AND CAMERA POLICY

The use of cell phones or camera phones is not permitted in the locker rooms, wellness center, gymnasium, and other program areas. Photos and videos may be taken only with the signed permission of YMCA management and all participants being photographed.

INSURANCE

The GLOW YMCA does not carry individual accident insurance for participants. Individuals participate at their own risk. It is recommended that you consult your physician prior to starting any new wellness routines.