

most urgent needs:

# Orleans County YMCA

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# Winter Session I

JANUARY 4, 2026 - FEBRUARY 28, 2026

Member Registration: 12/8/25  
Non-Member Registration: 12/22/25

# A MESSAGE FROM THE SENIOR PROGRAM DIRECTOR:

Dear YMCA Family,

Winter in Medina brings a special kind of energy, neighbors coming together, kids bundled up for practice, and families looking for ways to stay active and connected. At the Orleans County YMCA, we're proud to be a place where that energy comes to life, and I'm excited to share all that we have planned this season.

I'm Andrew, the new Senior Program Director, and as a Medina native, I'm especially proud to be stepping into this role. My focus is on rebuilding and strengthening the programs that bring families and community members through our doors – especially youth sports, which have always been a core part of what makes the Y such a special place. Whether you're here for your child's first soccer class or a pickup game with friends, I want this Y to feel like home.

Here's a glimpse at what's coming up this winter:

- Peewee Soccer & Youth Leagues – Get your kids moving and learning teamwork through basketball, soccer, and more.
- Dance and Tumbling Classes – Perfect for young movers who want to explore rhythm and creativity.
- Bible-Based Cooking Classes – A unique blend of life skills, faith, and fun in the kitchen.
- Adult Sports – Stay active with Men's League Basketball, Adult Volleyball, and other programs designed for grown-ups who love the game.
- Family-Friendly Fun – Watch for seasonal events and new opportunities to connect as a community.

No matter your age or interest, there's something for you at the Y this winter. I invite you to take a look through our guide, try something new, and be part of the community we're building, one program, one connection at a time.

Hope to see you soon,

**Andrew Houseman**

Senior Program Director  
Orleans County YMCA



# 2026 ORLEANS COUNTY STRONG COMMUNITIES CAMPAIGN

**The Y's mission ensures everyone is welcome, regardless of their ability to pay for membership or programs. Through our Strong Communities Campaign, we provide scholarships to support youths, teens, adults, families, and seniors in our community.**

**Your support makes this possible. When you give to the Strong Communities Campaign you help strengthen our entire community, one person at a time.**



**DONATE**





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GLOW YMCA

## 2025 - 2026

Branch Closed  
 Limited Hours

SEPTEMBER	SUN	MON	TUE	WED	THU	FRI	SAT
			2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30				

OCTOBER	SUN	MON	TUE	WED	THU	FRI	SAT
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FEBRUARY	SUN	MON	TUE	WED	THU	FRI	SAT
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JULY	SUN	MON	TUE	WED	THU	FRI	SAT
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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GLOW YMCA 2026

Branch Closed  
 Limited Hours

JANUARY		SUN	MON	TUE	WED	THU	FRI	SAT
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FEBRUARY		SUN	MON	TUE	WED	THU	FRI	SAT
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		22	23	24	25	26	27	28

Session	Member Registration	Non-Member Registration
Fall I	8/11/2025	8/25/25
Fall II	9/29/25	10/13/25
Winter I	12/8/25	12/22/25
Winter II	2/9/25	2/23/25
Spring	4/6/25	4/20/25
Summer	6/1/25	6/15/25

## Winter I Session Notes

- YMCA Closed on January 1
- Winter II registration opens 2/9 to members



Have Your  
Birthday  
at the YI!

REACH OUT TODAY FOR  
SCHEDULE:

[kthielemann@glowymca.org](mailto:kthielemann@glowymca.org)

PARTY PACKAGES

- Standard
- Premium
- Ultimate
- Nerf
- Members Only

# FAMILY EVENTS

## FROSTY FUN & BACKYARD BATTLES

Friday January 16<sup>th</sup>

Join us for family fun winter festivities! Our first parents night out of the year!

## SNOW SHOE AND PICNIC

Saturday January 17<sup>th</sup>

Join us for snow shoeing followed by indoor games with hot chocolate!

## LEGACY & LAUGHTER SOCIAL

February 14<sup>th</sup>

A kid hosted afternoon with music, games, light treats, and fun. Playground open for tiny tornadoes!

## GLOW NERF WARS

February 20<sup>th</sup>

Join us for a fun, glowing Nerf battle with safe play, simple games, and provided safety equipment and darts.



## BRING YOUR KIDS AND FAMILY

Come see us for our family events! A light snack is provided while families enjoy time together.

## REGISTER



# YOUTH PROGRAMMING

## PEEWEE SOCCER

Peewee Soccer (Ages 3-5) is a fun, beginner-friendly program that introduces young kids to the game. Players learn the basics of soccer through simple drills and games that build teamwork, coordination, and confidence all while having fun!

Wednesdays 5:15-6:00 PM

## DANCE

An accessible, no-recital dance class welcoming all levels (Ages 5-12) from beginners to those wanting extra practice. No expensive fees or costumes, just fun movement and skill-building. Season ends with a parent showcase in the gym.

Thursdays 6:00-7:00 PM

## TUMBLING

A fun, inclusive tumbling class for all levels (Ages 5-12) from beginners learning basic rolls and balance to those practicing cartwheels and handstands. No competitions or costly uniforms — just movement, strength, and confidence-building in a supportive environment.

Tuesdays 6:00-7:00 PM

## YOUTH BASKETBALL LEAGUE

Build skills, confidence, and teamwork through fun practices and weekend games! Learn drills, passing, dribbling, and shooting in a supportive, growth-focused environment. (Ages 6-12)

Practices: Thursday Evenings

Games: Saturday Mornings

## YOUTH SOCCER

Join us for youth soccer! (Ages 6-13) This program helps players build skills, confidence, and teamwork through fun drills and scrimmages. Perfect for both beginners and returning players.

Wednesdays 6:00-7:00 PM

# ADULT PROGRAMMING



From basketball to volleyball and more, our adult programs offer a fun, welcoming way to stay active, connect with others, and enjoy friendly competition at any skill level.

## MENS LEAGUE BASKEBTALL

Join us on Sunday mornings for free, competitive pickup games in a laid-back setting. Whether you're here to stay active, sharpen your skills, or just enjoy the game, all levels are welcome. No registration for members required—just show up and play.

## COOKING CLASSES

Our cooking classes make home cooking simple and enjoyable. From baked treats to quick weeknight meals and smart meal-prep ideas, you'll learn useful skills, cook alongside others, and enjoy a full meal together in our inviting kitchen.

## MORE GROUP EX OFFERINGS

We're expanding our Group Exercise lineup! Enjoy Strength & Conditioning, Cross HIIT, TRX, Yoga (coming soon), and more—plus all your favorite classes from before. With something for every fitness level, join in on the fun!

## VOLLEYBALL

Adult Volleyball is a fun, league where players can enjoy weekly gameplay and connect with others who love the sport. Whether you're returning to the court or playing for the first time this league offers great competition and even better community. Mondays 5:30-8:00 PM

# WHERE COMMUNITY COMES TOGETHER

Bring your group, club, or team to the Y and make it your home base!

Our Gymnasium and Rec Room are the perfect places to gather, connect, and grow.

When you book multiple weeks, you'll save with our recurring rental discount!



LEARN MORE





**TOGETHER, WE  
RISE HIGHER,  
PUSH FARTHER,  
AND BECOME  
STRONGER.**



**OUR ZUMBA SQUAD HARD AT WORK!**