



# Wyoming County YMCA

## Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-6:50 am			Lap Swim Water Walking		Lap Swim Water Walking	Lap Swim Water Walking	
7-7:50 am	Lap Swim Water Walking		Lap Swim Water Walking		Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking
8-8:50 am	Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking	Pre-School Swim	Lap Swim Water Walking	Aqua Zumba
9-9:50 am	Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking		Lap Swim Water Walking	Swim Lessons
10 am	Family Swim	Water X	Water X	Water X	Water X	Water X	Family Swim
11 am	Family Swim	Adult Beach Ball	Live Y'ers	Adult Pool Time	Live Y'ers	Adult Pool Time	10:15-11:45
12 pm	Aquatic Center will close at 11:45 am						
1 pm							
2 pm							
3 pm							
4-4:50 pm		Family Swim	Warsaw BASE	Family Swim		Family Swim	
5-5:50 pm		Swim Lessons	Family Swim	Family Swim	Swim Lessons	Family Swim	
6-6:50 pm		Lap Swim Water Walking	Lap Swim Water Walking	Aqua Zumba		Family Swim	
			Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking	Lap Swim Water Walking	
7- 7:45 pm		Aquatic Center will close at 7:45 pm					

**Pool Schedule is subject to change without notice.**

**Use of Pool is prohibited at any other time.**

# January, 2026

- **ALL SWIMMERS MUST SHOWER BEFORE ENTERING THE POOL OR SPA.**
- **No thongs, string bikinis or otherwise inappropriate swim wear.**
- **Bathing suits are required when using the pool. Shorts, shirts or clothing of any kind, including cut-off pants are not allowed.**
- **Water Exercise classes are limited to 24 participants per 1 instructor. Please sign in when you arrive**
- **In the case of inclement weather, our policy is that instructors will not be available for Water Exercise classes when Warsaw Central Schools are closed due to weather. Our pool will be open for Adult Swim during these times.**
- **Adult Pool time is set aside for waders, beach ball players and individuals doing water exercise. It is not designed for lap swim. Please, if you are looking to swim laps, use one of our designated lap swim 45 minute time blocks.**
- **During open and family swim, children five and under must be arms reach from an adult, Children six and seven (7) must be accompanied into the water by a parent or a supervising adult who is 18 years of age or older. One (1) adult may supervise up to four (4) children. Children 8-14 must have an adult in the Y.**
- **Food, drink, alcohol, tobacco, vaping, gum, glass and firearms/weapons or any other substance that might impair judgment, as well as any person under the influence of such a substance, are strictly prohibited from the Aquatic Center.**
- **The YMCA will provide floatation devices for non-swimmers. Floats from home will only be allowed if coast guard approved. Parents should be present in the pool area to assist a non-swimmer who needs a floatation device.**
- **Children under the age of three (3) must wear specifically designed swim diapers under or as a bathing suit. If the child is over three (3) and not potty trained then they must use a swim diaper as well.**
- **As per State Health Department recommended guidelines, lifeguards will be offered a break as often as every 45 mins. This means that the pool and pool deck will be closed during lap, adult and family swim for the last 15 mins of every hour.**
- **Lap Swim- Open to individuals ages 12 years old and up. Mature behavior and adherence to lap swim guidelines is required. Those wishing to float or water exercise should do so during adult or open swim. Please remain in your swim lane and keep a six foot distance from all other swimmers at all times.**
- **The First Tuesday evening of each month, the pool will be available to only the Boy Scouts from 6-7pm, no lap swim.**