

# Orleans County YMCA



# Spring Session

MAY 3, 2026 - JUNE 20, 2026

**Member Registration: 4/06/26**

**Non-Member Registration: 4/20/26**

## A MESSAGE FROM THE SENIOR PROGRAM DIRECTOR:

Dear YMCA Members,

As we head into the late fall season, the Y is a great place to stay active, connected, and engaged here in Orleans County. Our Fall 2 Program Guide is now available, featuring programs and opportunities for all ages.

Here's what's coming up:

- **Group Exercise Classes** – Options for every fitness level, from cardio to strength and yoga.
- **Youth Sports Programs** – Build skills, confidence, and teamwork through a variety of sports & opportunities!
- **Clubs & Enrichment Programs** – Expanded offerings this season with more ways to learn and connect.
- **Birthday Parties & Parent's Night Out** – Fun, easy options for families.
- **Events for All Ages** – More opportunities to get involved and stay connected.

We encourage you to explore the guide and find something that fits your goals this season.

Thank you for being part of our Y community—we're glad you're here.

Sincerely,  
Andrew Houseman  
Senior Program Director  
Orleans County YMCA



# 2026 ORLEANS COUNTY STRONG COMMUNITIES CAMPAIGN

The Y's mission ensures everyone is welcome, regardless of their ability to pay for membership or programs. Through our Strong Communities Campaign, we provide scholarships to support youths, teens, adults, families, and seniors in our community.

Your support makes this possible. When you give to the Strong Communities Campaign you help strengthen our entire community, one person at a time.



**DONATE**





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GLOW YMCA 2025 - 2026

✗ Branch Closed  
◐ Limited Hours

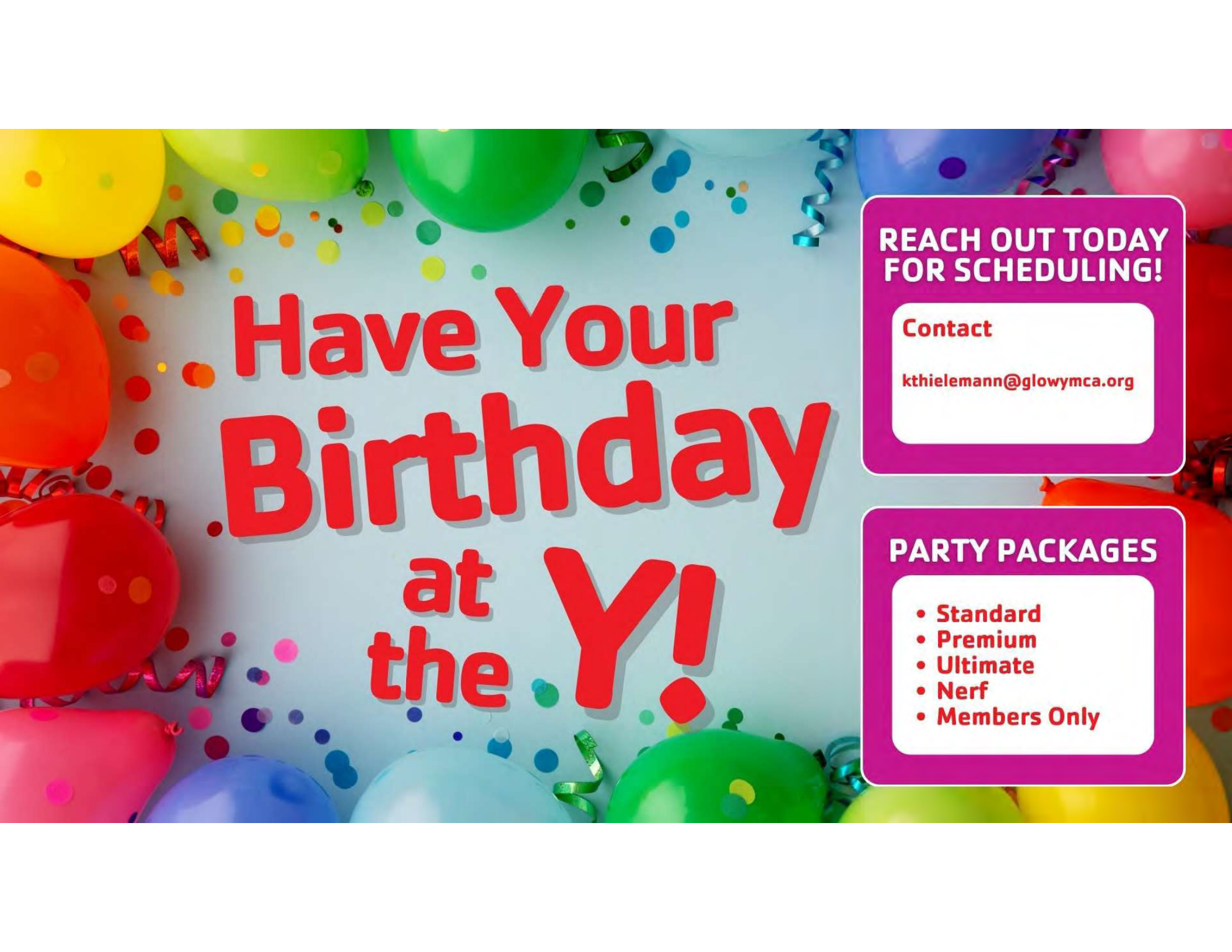
MAY	SUN	MON	TUE	WED	THU	FRI	SAT
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JUNE	SUN	MON	TUE	WED	THU	FRI	SAT
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	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
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Session	Member Registration	Non-Member Registration
Fall I	8/11/2025	8/25/25
Fall II	9/29/25	10/13/25
Winter I	12/8/25	12/22/25
Winter II	2/9/26	2/23/26
Spring	4/6/26	4/20/26
Summer	6/1/26	6/15/26

## Spring Session Notes

- Closed for Memorial Day 5/25
- Summer registration opens 6/1 to members



# Have Your Birthday at the **Y!**

**REACH OUT TODAY  
FOR SCHEDULING!**

**Contact**

[kthielemann@glowymca.org](mailto:kthielemann@glowymca.org)

**PARTY PACKAGES**

- **Standard**
- **Premium**
- **Ultimate**
- **Nerf**
- **Members Only**

# PARENT'S NIGHT OUT



**DROP THE KIDS OFF FOR FUN & GAMES!**

**For children ages 3-12 (must be potty trained). A light snack is provided.**

## HAVE A MOM-ENT

**Friday May 15th**

**For moms! Drop the kids off and join us in the community center for light snacks and crafts!**

## FISHIN' FOR A MISSION

**Saturday June 20th**

**Join us at Glenwood lake for a day of fun free fishing! Childcare provided for the littles at the lake.**

**REGISTER**



# YOUTH PROGRAMING



From basketball and soccer to swim and more, our youth sports programs help kids build skills, confidence, and friendships in a fun, supportive environment.

## PEEWEE SAMPLER

This Peewee Sport Sampler class (ages 3–5) introduces young children to a variety of basic sports and movement activities in a fun, supportive environment. The focus is on building coordination, listening skills, and confidence while encouraging teamwork and being active  
Thursdays 5:00–5:45 PM

## YOUTH SAMPLER

This Sport Sampler Class for older kids (ages 6–14) offers a fun way to learn various sports and physical activities. It builds a base of various sports and focuses on teamwork, sportsmanship, and enjoyment in play.  
Thursdays 6:00–7:00 PM

REGISTER



# ADULT PROGRAMING



From basketball and soccer to swim and more, our youth sports programs help kids build skills, confidence, and friendships in a fun, supportive environment.

## COOKING BASICS

Join us for an interactive and engaging Cooking Basics class designed to build confidence in the kitchen. Learn practical skills, enjoy a fun hands-on experience, and finish the class with a full meal to enjoy.

May 11<sup>th</sup> 5:30-7:00 PM

## EUCHRE CLUB

Euchre Club is a relaxed, social way to enjoy the game without the late nights. Join us twice a month for cards, snacks, and great company. Whether you're experienced or just learning, all are welcome to join in on the fun.

Two Mondays per Month 12:00-2:30 PM

REGISTER



# FOR THOSE WHO'VE SERVED

## FREE HAIRCUTS FOR VETERANS

We're proud to offer free haircuts for veterans at this special, veterans-only event.

Anthony from Phantom Cutz will be on site providing professional haircuts as a way to give back and show appreciation for those who have served.

May 4<sup>th</sup> 1:00-3:00 PM

## VETERANS PLUS ONE EUCHRE TOURNAMENT

Join us for a Veterans +1 Euchre Tournament, open to veterans and a guest for friendly competition and connection. Bring a partner and enjoy a relaxed, welcoming atmosphere. Food will be provided. Whether you're a seasoned player or just enjoy the game, it's a great way to spend time together and build community.

May 26<sup>th</sup> 10:00-12:30 PM

REGISTER



# WHERE COMMUNITY COMES TOGETHER

Bring your group, club, or team to the Y and make it your home base!

Our Rec Center and Gymnasium are the perfect place to gather, connect, and grow.

When you book multiple weeks, you'll save with our recurring rental discount!

**REACH OUT TODAY FOR SCHEDULING!**

**Contact**

[ktthielemann@glowymca.org](mailto:ktthielemann@glowymca.org)

