



# GYMNASIUM SCHEDULE

## SEPTEMBER 2026

|          | Sunday                   | Monday                               | Tuesday                                               | Wednesday                            | Thursday                         | Friday                               | Saturday              |                       |                       |  |
|----------|--------------------------|--------------------------------------|-------------------------------------------------------|--------------------------------------|----------------------------------|--------------------------------------|-----------------------|-----------------------|-----------------------|--|
| 6:00 AM  |                          | Adult Pickup Basketball<br>6:00-8:00 | Open Gym<br>6:00-8:45                                 | Adult Pickup Basketball<br>6:00-8:00 | Open Gym<br>6:00-9:45            | Adult Pickup Basketball<br>6:00-8:00 |                       |                       |                       |  |
| 7:00 AM  | Open Gym<br>7:00-7:45    |                                      |                                                       |                                      |                                  |                                      |                       |                       |                       |  |
| 8:00 AM  | Pickleball<br>8:00-11:00 |                                      |                                                       |                                      |                                  |                                      | Open Gym<br>8:15-9:30 |                       | Open Gym<br>8:15-9:30 |  |
| 9:00 AM  |                          | Silver & Fit<br>9:45-10:45           | Zumba Gold<br>9:00-9:30<br>Silver & Fit<br>9:45-10:45 | Silver & Fit<br>9:45-10:45           |                                  | PreK<br>9:30-11:00                   |                       |                       |                       |  |
| 10:00 AM |                          |                                      |                                                       |                                      |                                  |                                      | PreK<br>10:00-10:30   |                       |                       |  |
| 11:00 AM | Open Gym<br>11:15-2:00   | Pickleball<br>11:00-1:00             | Open Gym<br>11:00-2:45                                | Pickleball<br>11:00-1:00             | Open Gym<br>10:45-2:45           | Pickleball<br>11:15-1:15             | Open Gym<br>7:00-4:00 |                       |                       |  |
| 12:00 AM |                          |                                      |                                                       |                                      |                                  |                                      |                       |                       |                       |  |
| 1:00 PM  |                          | Open Gym<br>1:15-2:45                |                                                       |                                      |                                  | Open Gym<br>1:15-2:45                |                       |                       | Open Gym<br>1:30-2:45 |  |
| 2:00 PM  |                          |                                      |                                                       |                                      |                                  |                                      |                       |                       |                       |  |
| 3:00 PM  |                          | BASE ½ Gym<br>3:00-4:00              | BASE ½ Gym<br>3:00-4:00                               | BASE ½ Gym<br>3:00-4:00              | BASE ½ Gym<br>3:00-4:00          | BASE ½ Gym<br>3:00-4:00              |                       |                       |                       |  |
| 4:00 PM  |                          | TaeKwonDo<br>4:00-5:15               | Open Gym<br>4:15-9:00                                 | TaeKwonDo<br>4:00-5:15               | Open Gym<br>4:15-5:45            |                                      |                       |                       |                       |  |
| 5:00 PM  |                          | Open Gym<br>5:15-6:00                |                                                       | Glow Getters<br>5:15-6:00            |                                  |                                      |                       |                       |                       |  |
| 6:00 PM  |                          | Youth Volleyball<br>6:15-7:30        |                                                       | Glow All Stars<br>6:15-7:30          | Floor Hockey<br>6:00-7:00        |                                      |                       |                       |                       |  |
| 7:00 PM  |                          |                                      |                                                       |                                      | Beginner Pickleball<br>7:15-8:30 |                                      |                       |                       |                       |  |
| 8:00 PM  |                          |                                      |                                                       |                                      |                                  |                                      |                       | Open Gym<br>7:45-9:00 | Open Gym<br>7:45-9:00 |  |
| 9:00 PM  |                          |                                      | Schedule is subject to change without notice          |                                      |                                  |                                      |                       |                       |                       |  |

## **NON-REGISTRATION CLASSES**

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- Adult Pickup Basketball
- Pickleball
- Silver & Fit
- Zumba Gold

## **\*\*\*REGISTRATION REQUIRED\*\*\***

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- TaeKwondo
- GLOW Getters
- GLOW All-Stars
- Youth Volleyball
- Floor Hockey