



GYMNASIUM SCHEDULE

OCTOBER 2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		Adult Pickup Basketball 6:00-8:00		Adult Pickup Basketball 6:00-8:00		Adult Pickup Basketball 6:00-8:00	
7:00 AM	Open Gym 7:00-7:45		Open Gym 6:00-8:45		Open Gym 6:00-9:45		
8:00 AM		Open Gym 8:15-9:30		Open Gym 8:15-9:30		Open Gym 8:15-9:15	
9:00 AM	Pickleball 8:00-11:00	Silver & Fit 9:45-10:45	Zumba Gold 9:00-9:30 Silver & Fit 9:45-10:45	Silver & Fit 9:45-10:45		PreK 9:30-11:00	
10:00 AM					PreK 10:00-10:30		
11:00 AM							
12:00 AM	Open Gym 11:15-2:00	Pickleball 11:00-1:30	Pickleball 11:00-1:30		Pickleball 11:00-1:30		Open Gym 7:00-4:00
1:00 PM				Open Gym 11:00-2:45		Open Gym 11:15-2:45	
2:00 PM		Open Gym 1:45-2:45	Open Gym 1:45-2:45		Open Gym 1:45-2:45		
3:00 PM		BASE ½ Gym 3:00-4:00	BASE ½ Gym 3:00-4:00	BASE ½ Gym 3:00-4:00	BASE ½ Gym 3:00-4:00	BASE ½ Gym 3:00-4:00	
4:00 PM		Open Gym 4:15-6:00		TaeKwonDo 4:00-5:15	Open Gym 4:15-5:45		
5:00 PM				Glow Getters 5:15-6:00			
6:00 PM		Youth Volleyball 6:15-7:30	Open Gym 4:15-9:00	Glow All Stars 6:15-7:30	Floor Hockey 6:00-7:00	Open Gym 4:15-9:00	
7:00 PM					Pickleball 7:15-8:30		
8:00 PM		Open Gym 7:45-9:00		Open Gym 7:45-9:00			
9:00 PM		Schedule is subject to change without notice					

NON-REGISTRATION CLASSES

- Adult Pickup Basketball
- Pickleball
- Silver & Fit
- Zumba Gold

*****REGISTRATION REQUIRED*****

- TaeKwondo
- GLOW Getters
- GLOW All-Stars
- Youth Volleyball
- Floor Hockey