# Wyoming County YMCA

## Pool Schedule

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|---|
| 6-6:50am | | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | |
| 7-7:50am | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking |
| 8-8:50am | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Pre-K Lessons | Lap Swim Water Walking | Aqua Zumba |
| 9-9:50am | Family/Open Swim | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Pre-K Lessons | Lap Swim Water Walking | Swim Lessons |
| 10:00am | Family/Open Swim | Water X | Water X | Water X | Water X | Water X | Family/Open Swim 10:15-11:45 |
| 11-11:45am | Family/Open Swim | Beach Ball | Live Y'ers | Beach Ball | Live Y'ers | Adult Pool TIme | |
| 12 pm | Aquatic Center will close at 11:45 am | | | | Aquatic Center will close at 11:45 am | | |
| 1 pm | | | | | | | |
| 2 pm | | | | | | | |
| 3 pm | | | | | | | |
| 4-4:50pm | | Family/Open Swim | Family Swim | Warsaw BASE | Family/Open Swim | Family/Open Swim | |
| 5-5:50pm | | Family/Open swim | Family Swim | Family Swim | Swim Lessons | Family/Open Swim | |
| 6-6:50pm | | Lap Swim Water Walking | Family/Open Swim | Aqua Zumba | | Family/Open Swim | |
| 7- 7:45pm | | | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | Lap Swim Water Walking | |
| | Aquatic Center will close at 7:45 PM | | | | | | |

**Pool Schedule is subject to change without notice.**

**Use of Pool is prohibited at any other time.**

# November, 2026

- ALL SWIMMERS MUST SHOWER BEFORE ENTERING THE POOL OR SPA.
- No thongs, string bikinis or otherwise inappropriate swim wear.
- Bathing suits are required when using the pool. Shorts, shirts or clothing of any kind, including cut-off pants are not allowed.
- Water Exercise classes are limited to 24 participants per 1 instructor. Please sign in when you arrive
- Adult Pool time is set aside for waders, beach ball players and individuals doing water exercise. It is not designed for lap swim. Please, if you are looking to swim laps, use one of our designated lap swim 50 minute time blocks.
- During open and family swim, children five and under must be arms reach from an adult, Children six and seven (7) must be accompanied into the water by a parent or a supervising adult who is 18 years of age or older. One (1) adult may supervise up to four (4) children. Children 8-14 must have an adult in the aquatic center.
- Food, drink, alcohol, tobacco, vaping, gum, glass and firearms/weapons or any other substance that might impair judgment, as well as any person under the influence of such a substance, are strictly prohibited from the Aquatic Center.
- The YMCA will provide floatation devices for non-swimmers. Floats from home will only be allowed if coast guard approved. Parents should be present in the pool area to assist a non-swimmer who needs a floatation device.
- Children ages 3 and under, must wear specifically designed swim diapers under bathing suit. If the child is over the age of 3 and not potty trained, then they must use a swim diaper as well.
- As per State Health Department recommended guidelines, lifeguards will be offered a break as often as every 50 mins. This means that the pool and pool deck will be closed during lap, adult and family swim for the last 10 mins of every hour
- Lap Swim- Open to individuals ages 12 years old and up. Mature behavior and adherence to lap swim guidelines is required. Those wishing to float or water exercise should do so during adult or open swim. Please remain in your swim lane and keep a six foot distance from all other swimmers at all times.